

1 **Title**

2 Effect of increasing equilibration time of diluted bull semen up to 72 hours prior to freezing
3 on sperm quality parameters and calving rates following artificial insemination

4

5 **E.M. Murphy**^{a,b}, **B. Eivers**^b, **C.M O’Meara**^b, **P. Lonergan**^c and **S. Fair**^{a,*}.

6

7 ^a Laboratory of Animal Reproduction, Department of Biological Sciences, Faculty of Science
8 and Engineering, University of Limerick, Limerick, V94 T9PX, Ireland.

9 ^b National Cattle Breeding Centre, Naas, Co Kildare, W91 WF59, Ireland.

10 ^c School of Agriculture and Food Science, University College Dublin, Belfield, Dublin 4,
11 D04 N2E5, Ireland.

12

13 *Corresponding Author: Dr Sean Fair, Department of Biological Sciences, Faculty of Science
14 and Engineering, University of Limerick, Limerick, Ireland. Tel: + 353 61 202548, Fax: + 353
15 61 331490, E-mail sean.fair@ul.ie

16

17 **Keywords:**

18 Sperm, Bovine, Frozen-thawed semen, Fertility.

19 **Abstract**

20 Equilibration times of approximately 3-4 h prior to semen cryopreservation is standard
21 practice for maintaining membrane integrity and motility of bull sperm, however, a number
22 of studies indicate that an overnight equilibration period prior to freezing results in improved
23 post-thaw semen quality thus optimising pregnancy rates. The aim of this study was to assess
24 the effect of increasing the equilibration time of bull semen up to 72 h before freezing on
25 sperm quality parameters and calving rate (CR) following artificial insemination (AI) with
26 frozen-thawed semen. In Experiment 1, the effect of holding semen at 4 °C for one of four
27 different equilibration times (6, 24, 48 and 72 h post dilution) before freezing on subsequent
28 post-thaw total and progressive motility was assessed subjectively. In Experiment 2, the field
29 fertility (CR) of frozen-thawed semen held for 6, 24, 48 and 72 h before freezing was
30 assessed (total of n = 1,640 inseminations). In Experiment 1, equilibration for 24 h resulted in
31 higher total and progressive motility than equilibration for 6, 48 or 72 h ($P < 0.01$), however,
32 there was no difference in motility between equilibration for 6, 48 or 72 h ($P > 0.05$). In
33 Experiment 2, there was no effect ($P > 0.05$) of equilibration time on field fertility with a CR
34 of 53.3, 50.5, 51.3 and 47.3 for the 6, 24, 48 and 72 h treatments, respectively. In conclusion,
35 increasing the equilibration time of diluted bull semen from 6 - 72 h had no significant effect
36 on CR thus, providing semen processing centres with flexibility in the time which semen can
37 be held prior to freezing.

38 **1. Introduction**

39 The use of artificial insemination (AI) facilitates the rapid dissemination of genetic material
40 from a relatively small number of superior sires to a large number of females [1] and thus is
41 considered to be the single most important technique devised to facilitate the genetic
42 improvement of animals [2]. The widespread use of frozen-thawed semen in cattle is partly
43 attributed to the development of suitable cryopreservation protocols. A number of
44 investigative avenues have been undertaken in order to improve the freeze-thaw process
45 including; modifying freezing rates [3], identifying the best thawing procedures [4], altering
46 equilibration periods [5], comparing semen diluents [6] and optimising sperm concentration
47 [7]. However, the process of cryopreservation is detrimental to a high proportion of sperm [8]
48 as, due to thermal and osmotic effects and the damage sustained by the plasma membrane,
49 approximately 50% of sperm are compromised during the freeze-thaw process [9].

50

51 Bull semen used for cryopreservation is typically diluted in an egg yolk-based extender as
52 egg yolk is known to be one of the best cryoprotectant components for the preservation of
53 post-thaw sperm function and subsequent fertility [10]. The components within egg-yolk, in
54 particular low-density lipoproteins, bind to the sperm membrane during the freeze-thaw
55 process, thus increasing chilling tolerance and preventing loss of membrane phospholipids
56 [11]. Typically, frozen-thawed bull semen extenders differ in composition from fresh semen
57 extenders as greater emphasis is placed on stabilising the cell membrane, thereby combating
58 the damage sustained by sperm during cryopreservation and subsequent thawing. The
59 addition of cryoprotectants, which are classified as either penetrating or non-penetrating [12],
60 such as egg yolk, which contains low density lipoproteins and cholesterol, as well as 3 - 6%
61 glycerol, minimises the physical and chemical stresses associated with cryopreservation, thus
62 protecting the sperm membrane during cooling and reducing membrane damage during

63 freezing [13]. A non-penetrating cryoprotectant, such as egg-yolk, as the name suggests,
64 cannot cross the sperm membrane and thus only acts extracellularly to modify the sperm
65 membrane [14]. On the other hand, penetrating cryoprotectants, the most common of which is
66 glycerol, are membrane permeable and so act both intra- and extracellularly causing
67 dehydration of the sperm and membrane lipid and protein rearrangement resulting in
68 increased membrane fluidity and a decrease in the freezing point of the cell [15].

69

70 Semen cryopreservation involves several steps including cooling, equilibration, freezing and
71 subsequent thawing [16]. Typically, freezing protocols for bull semen generally include
72 cooling to 4 - 5 °C followed by a variable duration of equilibration (0 - 24 h) at this
73 temperature prior to freezing [17]. This allows sperm to adapt to cooler temperatures [11],
74 facilitates the movement of the cryoprotectant across the cell membrane (in the case of
75 penetrating cryoprotectants) and enables the movement of water out of the cell, thus
76 decreasing damage sustained by ice crystal formation during the freeze-thaw process [10].
77 Osmotic stress is one of the most common factors contributing to sperm damage during
78 cryopreservation as ice crystal formation increases the concentration of solutes in the
79 extender, creating an osmotic gradient [18]. Changes in the osmotic pressure within the
80 extender exerts osmotic stress on sperm resulting in irreversible damage to sperm membrane
81 integrity [19]. Different extenders with varying glycerol concentrations, cooling conditions
82 and equilibration times have been developed and found to be effective for bull sperm
83 cryopreservation.

84

85 Equilibration time was believed to be important in allowing glycerol sufficient time to
86 penetrate the sperm membrane (see review [17]), however, a study conducted by Berndtson
87 and Foote [20] reported that glycerol penetration in bull sperm is rapid, taking no more than 5

88 min; therefore, it is now suggested that a period of equilibration is necessary to allow sperm
89 membranes sufficient time to adapt to cooler temperatures [11] as it enables the movement of
90 water across the membrane and reduces the damage sustained by sperm during the freeze-
91 thaw process. A number of investigations aimed at identifying the optimum equilibration
92 time have been conducted on semen from a number of species such as ovine [21], caprine
93 [22] and bovine [23]. Michel, Chaigneau and Guyonnet [24] reported that increasing the
94 equilibration time from 8 to 18 h significantly increased the quality of bull semen assessed *in*
95 *vitro*, such as sperm motility and viability, but found no effect *in vivo*. Similarly, Fleisch et al.
96 [23] reported that extension of equilibration time from 4 - 72 h improved motility and
97 viability post-thaw of bull sperm and had no effect on field fertility. However, although the
98 majority of cryopreservation protocols for bovine semen involve an equilibration period of 4
99 h, the optimum duration of equilibration time varies as a wide range of equilibration times
100 exist within the literature: 0 h [17], 1- 4 h [25], 18 - 24 h [26] and 24 - 72 h [23, 27].

101

102 Implementing a shorter equilibration time such as 4 h can result in processing difficulties
103 within a commercial AI centre as semen has to be frozen on the same day of collection. A
104 number of studies have found that implementing an equilibration time of 24 h resulted in an
105 increase in semen quality and therefore this prolonged period of equilibration may be more
106 convenient for the working schedule in AI centres which involves the collection of semen
107 from a large number of bulls on a daily basis or where semen has to be transported over long
108 distances to a central processing laboratory. In particular, to provide flexibility over
109 weekends, it would be useful if semen collected on a Friday or Saturday could be processed
110 the following Monday. Therefore, the aim of this study was to assess the effects of increasing
111 the equilibration time up to 72 h post dilution on sperm motility *in vitro* and on *in vivo*
112 fertility following artificial insemination.

113 **2. Materials and Methods**

114 2.1 Experiment 1: The effect of equilibration time on the *in vitro* quality of frozen-thawed
115 sperm.

116 The aim of this experiment was to assess the effects of holding time (6, 24, 48 and 72 h post
117 dilution) on total and progressive motility of bull sperm pre-freeze and post-thawing. Semen
118 was collected from Holstein Friesian bulls (n = 8) at a commercial AI centre (National Cattle
119 Breeding Centre, Enfield, Co Meath, Ireland) and immediately after collection, the raw
120 ejaculate was partially diluted in 10 mL pre-warmed BullXcell (37 °C; IMV Technologies,
121 Normandy, France) and transported in a temperature-regulated cooler box at 18 °C to the
122 laboratory (within 3 h). Upon arrival, the ejaculate was assessed for sperm concentration
123 using a coulter counter (Z Series, Beckman Coulter, Clare, Ireland), as well as an initial score
124 of total motility (%) and gross motility on a 5-point subjective scale (1 = < 20% motile
125 sperm; 5 = 81 – 100% motile sperm) to ensure all semen samples were of a commercial
126 standard (results not shown). Initial quality control cut-off values were a total and gross
127 motility of <70% and a score of <3, respectively, and any ejaculates failing to meet these
128 criteria were rejected. Three ejaculates (replicates) were assessed per bull and semen from
129 each ejaculate was kept separate throughout processing.

130

131 Following initial *in vitro* assessment, the ejaculate was then fully extended in BullXcell to
132 achieve a concentration of 15×10^6 sperm per 0.25 mL insemination dose. Semen straws
133 (IMV Technologies) were filled as per routine procedures, placed in an insulated box (to slow
134 the temperature drop) in a fridge at 4 °C and straws from each ejaculate (n = 20 straws per
135 equilibration time point) were frozen at 6, 24, 48 or 72 h post dilution as follows: -5 °C per
136 min from +4 °C to -10 °C, -40 °C per min from -10 °C to -100 °C and thereafter -20 °C per
137 min from -100 °C to -140 °C [28] in a programmable freezer (Digitcool, IMV Technologies),

138 followed by submersion and storage in liquid nitrogen at -196 °C until use. Each ejaculate
139 was split so that each bull was represented in each treatment in each replicate. Samples from
140 the different treatments were assessed in a randomised sequence to remove bias as a result of
141 sampling order. The evaluator was blinded to the treatment. Total and progressive motility
142 was assessed *in vitro* just prior to freezing at 6, 24, 48 and 72 h post dilution as well as
143 immediately post-thawing via standard microscopic techniques and computer-assisted sperm
144 analyser (CASA; Hamilton Thorne IVOSII, IMV). In addition, sperm viability and acrosomal
145 integrity were assessed using flow cytometry. Within each replicate, at each assessment time
146 (both pre- and post-freezing), five straws from each bull for each of the equilibration times
147 were assessed.

148

149 2.1.1 Assessment of sperm motility.

150 Sperm motility (total and progressive) was assessed subjectively pre-freeze and post-thaw
151 using a phase contrast microscope (CX31; Olympus, Centre Valley, PA, USA) at a
152 magnification of 400 X. Frozen straws were thawed at 35 °C for 30 sec. A droplet of diluted
153 semen (5 µL) was placed on a pre-warmed glass slide, covered with a pre-warmed coverslip
154 (37 °C) and assessed by counting a minimum of 100 sperm, over at least five different fields
155 of view, for each treatment on each assessment day. Total motility was expressed as a
156 percentage of the total sperm population (motile and non-motile). A sperm was deemed to
157 display progressive motility if it moved in a linear fashion; progressive motility was
158 expressed as the percentage of motile sperm.

159 2.2 Experiment 2: Field fertility of frozen-thawed semen frozen at 6, 24, 48 and 72 h post
160 dilution.

161 The aim of this experiment was to assess the effect of equilibration time of frozen-thawed
162 semen (15×10^6 sperm per 0.25 mL insemination dose) on CR following AI. Semen was
163 collected from Holstein Friesian bulls ($n = 5$; denoted A - E) at a commercial AI centre from
164 early February to the end of March 2015. There were 7 collection days in total, with five
165 bulls collected per collection day (total of 35 ejaculates). Following initial assessment for
166 volume, concentration and motility (as described in Experiment 1), each acceptable ejaculate
167 was diluted and filled in straws which were then printed and sealed as per Experiment 1.
168 Straws were stored for 6, 24, 48 or 72 h prior to freezing. Each batch of semen was clearly
169 labelled and distributed for insemination after 30 days of quarantine.

170 Inseminations were carried out in May 2016 (coinciding with the peak dairy breeding
171 season) in Irish dairy herds ($n = 284$). The majority of inseminations were in Holstein
172 Friesian animals ($n = 1,582$) but a small number of other breeds were represented including
173 Jersey ($n = 20$), Montbeliarde ($n = 12$), Norwegian Red ($n = 9$) and Others ($n = 17$; includes
174 Ayrshire and Shorthorn). Technicians ($n = 24$) were blind to treatments and received equal
175 numbers of straws from each of the four equilibration time treatments from each bull. For
176 each insemination, the technician recorded the bull code, cow tag number and the straw code
177 on an electronic handheld device. Inseminations and CR data were captured using the Irish
178 Cattle Breeding Federation (ICBF; Bandon, Co. Cork, Ireland) database by cross-referencing
179 the technician name with the bull code and semen type used on each date within the trial
180 period. Obvious errors were extracted from the dataset and data were then interrogated to
181 remove animals ($n = 382$) based on the following criteria: cows which were not at first AI,
182 cows which received two inseminations from two different bulls or equilibration time
183 treatments, or cows which were not of a dairy breed. However, if a dairy cow received two

184 inseminations from the same bull with the same time treatment within five days of each other,
185 the record was kept and the second date was assumed to be correct. Post editing, a total of
186 1,640 inseminations (1,537 cows and 103 heifers) remained. Calving rate was measured
187 using a cut-off value of 275 and 290 days from date of insemination to calving date [29].

188 Cow characteristics such as parity, days in milk (DIM) and fertility sub-index were
189 also assessed. Fertility sub index is a key component of the Economic Breeding Index (EBI)
190 comprising ~35% of the total EBI [40] and was established to combat a decline in
191 reproductive performance by providing farmers with a profit index enabling the selection of
192 elite sires to breed replacement heifers with increased milk yield, reproductive performance
193 and improved health traits [30].

194

195 2.3 Sperm functional assessments

196 2.3.1 Computer assisted sperm analysis

197 Motility of frozen-thawed sperm samples was assessed using IVOS-II CASA system driven
198 by software version 14 (Hamilton Thorne Inc, Beverly, USA). Straws (n=5 per ejaculate)
199 were thawed at 37 °C for 30 sec and a drop (3 µL) of diluted semen was placed in a pre-
200 warmed chamber (37 °C; Leja counting chambers, depth 20 µm; Microptics, Barcelona,
201 Spain) and analysed for sperm motion and kinematic characteristics immediately post-thaw.
202 A minimum of 1000 sperm were analysed in at least eight microscopic fields with 30 frames
203 acquired per field at a frame rate of 60 Hz. Objects incorrectly identified as sperm were
204 edited out using the playback function. The CASA-derived motility and kinematic
205 characteristics assessed were total motility (%), progressive motility (%), as well as average
206 path velocity (VAP above 10 µm/s), straight line velocity (VSL), curvilinear velocity (VCL),
207 linearity (LIN), straightness (STR), amplitude of lateral head displacement (ALH) and beat
208 cross frequency (BCF) [31]. Regarding analysis settings the CASA was set to standard

209 factory settings for bull semen; sperm with straightness of >80% and VAP >50 $\mu\text{m/s}$ were
210 considered progressively motile.

211

212 2.3.2 *In vitro* flow cytometric analysis of frozen-thawed semen

213 Before flow cytometric analysis, semen samples were diluted to a final working
214 concentration of 300×10^5 sperm/mL in Beltsville Thawing Solution (BTS; 37 °C). Samples
215 were analysed on a flow cytometer (Guava easyCyte 6HT-2L, Merck Millipore, Billerica,
216 MA, USA) equipped with both a Krypton (642 nm) and an Argon laser (488 nm).
217 Appropriate single colour controls were prepared to establish the respective fluorescent peaks
218 of the individual stains. These were used in conjunction with the forward scatter (FSC) and
219 side scatter (SSC) signals to discriminate sperm from debris (P0.1 Population). Fluorescent
220 events were recorded using GuavaSoft (Version 2.7; Merck Millipore) and all variables were
221 assessed using logarithmic amplification. In each sample, a minimum of 10,000 gated events
222 were captured.

223

224 2.3.2.1 Assessment of viability

225 Viability was assessed using the fluorescent probes; SYTO 16 (Ex/Em: 488/518; Life
226 Technologies, Carlsbad, CA USA) which is a cell-permeant probe which fluoresces upon
227 binding to nucleic acids and propidium iodide (PI; Ex/Em: 535/617; Life Technologies)
228 which is selectively taken up by membrane compromised cells, thus indicating a loss of
229 viability [29]. SYTO 16 (5 μL) was added to diluted sperm (300×10^5 sperm/mL) to give a
230 final concentration of 100 nM and incubated at 37 °C in the dark for 10 min. Subsequently, PI
231 was added at a final concentration of 15 μM and incubated for a further 5 min. SYTO 16
232 emission was detected via the Green photomultiplier (PMT; 525/30 nm BP filter) and PI was
233 read with the Red1 PMT (690/50 nm BP filter); no compensation was required. Viability was

234 defined as the percentage of sperm positive for SYTO 16 but negative for PI and all
235 percentages were calculated as part of the total gated sample, P0.1 Population.

236

237 2.3.2.2 Assessment of acrosomal integrity

238 Acrosomal integrity was assessed by incubating sperm with SYTO 16 and PI, as described
239 above, followed by incubation with Alexa Flour 647 (AF647; Ex/Em: 650/668; Life
240 Technologies) to identify live sperm which had undergone the acrosome reaction [29]. Alexa
241 Fluor 647 fluoresces in the presence of the enzyme acrosin, which is exposed upon the loss of
242 the acrosomal cap. Alexa Flour 647 (3 μ L) was added to diluted sperm (300×10^5 sperm/mL)
243 to a final concentration of 4.6 μ M and incubated in the dark for 15 min at 37 °C. AF647
244 positive events were read on the Red2 PMT (661/19 nm BP filter) and no compensation was
245 required. The percentage of acrosome-intact sperm in the live population was expressed as a
246 percentage of the sperm negative for Alexa Flour 647 and positive for SYTO 16 as part of the
247 total gated sample, P0.1 Population.

248

249 2.4 Statistical analysis

250 Data from Experiment 1 were examined for normality of distribution, homogeneity of
251 variance and analysed using the general linear model (GLM) repeated-measures procedure
252 with a compound symmetry covariance structure in Statistical Package for the Social
253 Sciences (SPSS, Version 22.0; IBM, Chicago, USA). In Experiment 2, CR data were
254 assessed using Pearson's chi-squared procedures in SPSS following which they were cross
255 checked using an analysis of variance (ANOVA) model. The dependent variable in the
256 analysis was CR (1 = calved, 0 = not calved). In addition, using a general linear model for
257 binomial data, CR was evaluated and correlations were investigated with a number of fixed

258 effects, namely; equilibration time, bull, parity, breed, fertility sub-index, DIM, herd and
259 technician. Each fixed effect was assessed for an interaction with equilibration time
260 treatment. All post-hoc tests were carried out using Bonferroni test and results are reported as
261 the mean \pm the standard error of the mean (s.e.m) in Experiment 1 and as the estimated
262 marginal means in Experiment 2, to adjust for the fixed effects. Data were considered to
263 differ significantly at $P < 0.05$.

264

265 **3. Results**

266 3.1 *In vitro* pre-freeze and post-thaw analysis of frozen-thawed semen

267 There was no effect of equilibration time on pre-freeze total and progressive motility ($P >$
268 0.05). There was an effect of equilibration time on post-thaw total and progressive motility (P
269 < 0.01), viability ($P < 0.01$) and acrosomal integrity ($P < 0.01$). Equilibration for 24 h resulted
270 in the highest total and progressive post-thaw motility score (53.7 and 42.7%, respectively) in
271 comparison to equilibration for 6 (45.1 and 35.1, respectively) or 72 h (48.7 and 36.0,
272 respectively; $P < 0.01$) but did not differ from an equilibration period of 48 h (50.7 and
273 38.4%, respectively; $P > 0.05$; Figure 1). Critically, semen assessed post-thaw from all 4
274 equilibration periods passed quality control analysis. Equilibration for 24 and 48 h resulted in
275 better post-thaw total motility than 6 and 72 h equilibration ($P < 0.01$). Equilibration for 6 h
276 resulted in a lower post-thaw viability (53.4%) in comparison to 24, 48 and 72 h (60.5, 61.3
277 and 61.3%, respectively; $P < 0.01$; Figure 2), however, viability between equilibration
278 periods of 24, 48 and 72 h did not differ ($P > 0.05$). The percentage of live sperm with intact
279 acrosomes post-thawing declined significantly in the 48 and 72 h equilibration treatments
280 (Figure 2). There was an effect of equilibration time on ALH, BCF, LIN, STR, VAP, VSL
281 and WOB ($P < 0.01$) but there was no effect on VCL or on the percentage of sperm with

282 proximal and distal droplets ($P > 0.05$; Table 1). Semen equilibrated for 48 and 72 h
283 exhibited inferior kinematic motility parameters compared to an equilibration time of 6 and
284 24 h ($P < 0.01$) with the exception of VCL ($P > 0.05$). All CASA motility characteristics,
285 with the exception of ALH and VCL deteriorated when equilibration time was increased from
286 6 to 72 h.

287

288 3.2 Field fertility of frozen-thawed semen frozen at 6, 24, 48 and 72 h post dilution.

289 While CR declined numerically with increased equilibration time (53.3, 50.5, 51.3 and 48.3%
290 for 6, 24, 48 and 72 h, respectively; Figure 3) this was not significantly different ($P > 0.05$).
291 There was no bull, parity, cow fertility sub-index, DIM, herd or technician by treatment
292 interaction on CR ($P > 0.05$). There was an effect of bull on CR ($P < 0.01$) with the CR for
293 individual bulls varying from 42.7 to 56.8%. There was a positive linear increase in CR with
294 increase cow fertility sub-index and DIM ($P < 0.01$). Cows with a fertility sub-index greater
295 than €90 had a higher CR in comparison with cows with a sub-index of less than €90 ($P <$
296 0.05). Cows which were less than 40 DIM had a reduced CR (27.8%) in comparison with
297 cows which were greater than 40 days in milk prior to insemination. Maiden heifers had the
298 highest CR (59.2%) in comparison to primiparous (52.5%) and multiparous dairy cows
299 (49.4%) but this was not significant ($P > 0.05$). As expected, CR varied between individual
300 herds and technicians; for herds and technicians with greater than 15 and 20 recorded
301 inseminations, respectively ($P < 0.01$).

302

303 **4. Discussion**

304 The main findings of this study were that: (i) increasing equilibration time from 6 to 72 h
305 does not detrimentally affect sperm quality *in vitro* with 24 h equilibration resulting in the
306 highest post-thaw total and progressive motility scores, (ii) although there was a numerical

307 decline in CR with increased equilibration time, equilibration up to 72 h did not significantly
308 affect CR, (iii) cows with a higher fertility sub-index had a higher CR than those with a lower
309 sub-index, and (iv) cows with a greater number of DIM (>40 days) at AI, had a higher CR
310 than those which were inseminated closer to their calving date (<40 days).

311

312 Motility is one of the most important characteristics associated with fertilising potential of a
313 sperm as it is indicative of sperm viability and structural integrity [32]. Therefore, motility
314 assessment constitutes an integral part of semen quality analysis with the use of CASA
315 systems allowing an objective, accurate and high repeatability assessment of sperm motility
316 kinematics. A number of studies have correlated motility kinematics of bull sperm with field
317 fertility [32-35]; however, many of these studies are conflicting in terms of the relative
318 importance of different motility characteristics. Oliveira et al. [36] reported a correlation
319 between a combination of CASA parameters and bull fertility such as total and progressive
320 motility, ALH and BCF. In contrast, Amann and Waberski [37] suggested that sperm
321 kinematic characteristics are not an accurate predictor of fertilising potential but instead could
322 be used to provide important information relating to the quality assurance of semen. In the
323 current study, semen quality declined gradually *in vitro* with increasing equilibration time
324 although post-thaw total and progressive motility scores were higher for 24 h compared with
325 6, 48 and 72 h. All CASA motility parameters, with the exception of ALH and VCL,
326 deteriorated significantly with increasing equilibration time from 6 to 72 h. Furthermore, the
327 percentage of viable sperm increased when equilibration time was increased from 6 to 24 h.
328 Thus, this study highlights the importance and beneficial effect of prolonging equilibration of
329 semen at 4 °C before freezing in order to attain optimal post-thaw semen quality. This is in
330 agreement with Fleisch et al. [23] and Rickenbacher [38] who reported higher semen quality
331 values after 24 h equilibration of bovine semen compared to their retrospective shorter

332 equilibration time of 4 and 1.5 h, respectively. Similarly, Foote and Kaproth [26] and Anzar,
333 Kroetsch and Boswall [39] achieved greater motility of bovine semen after 18 and 24 h in
334 comparison to equilibration time of 2 and 4 h, respectively.

335

336 Generally, most bull semen freezing protocols involve an equilibration period of 3 - 4 h,
337 resulting in semen being frozen on the day of collection. However, an extensive review of
338 bovine fertility trials by Pickett and Berndtson [40] established that a prolonged period of
339 equilibration of 18 h was required in order to obtain maximum fertility. In AI centres, where
340 daily collection schedules involve the collection of a large number of bulls and/or where
341 semen is being transported over long distances for processing, a prolonged period of
342 equilibration would be more convenient for the working operations of the centre as semen
343 could be frozen the subsequent day or even after a weekend. The results of the current study
344 indicate that increasing equilibration time from 6 to 72 h has no significant effect of on CR.
345 This finding is supported by Fleisch et al. [23] who reported that increasing equilibration time
346 from 4 to 72 h had no effect on 90 day non-return rate (NRR), while no difference in 56 day
347 NRR was reported when bull semen was equilibrated between 4 and 28 h [26]. This indicates
348 that semen frozen on days following collection should be of better quality and yield
349 comparable fertility compared to semen frozen on the day of collection, thus, creating greater
350 flexibility within the working environment of a commercial AI centre.

351

352 It is widely acknowledged that cow characteristics such as fertility sub-index and DIM play a
353 role in fertility [29, 41]. The current study, followed the same trend, whereby, cows with a
354 greater fertility sub-index ($\epsilon > 110$) and DIM (> 80 days) had a higher CR than cows with
355 lower fertility sub-indices and less DIM. Animals in the lowest categories for both

356 characteristics (<€50 and <40 DIM, respectively) had lower CR than animals of greater than
357 €90 and 40 DIM, respectively. While this study demonstrates that a higher CR can be
358 achieved through increasing the number of DIM before insemination, it also illustrates that
359 late calving cows can be inseminated with reasonable success.

360

361 **5. Conclusion**

362 In conclusion, increasing equilibration time up to 72 h post collection did not negatively
363 affect field fertility with an equilibration period of 24 h resulting in the greatest total and
364 progressive motility scores. Therefore, implementing an equilibration period of 24 h may be
365 more suitable to the working environment and collection schedules of AI centres, while
366 confidence can also be gained knowing that in circumstances where it is required (e.g.,
367 mechanical failure, avoidance of weekends), allowing an equilibration time of 3 days will not
368 negatively impact on field fertility.

369

370 **Acknowledgements**

371 This work was supported by the Irish Research Council, Department of Agriculture, Food
372 and the Marine and Teagasc under grant number EBPPG/2014/60. PL and BE were partially
373 supported by the European Union Seventh Framework Programme FP7/2007-2013 under
374 grant agreement n° 312097 ('FECUND'). The authors gratefully acknowledge Progressive
375 Genetics, Enfield, Co. Meath, Ireland for the distribution of straws.

376 **Figure captions**

377 **Figure 1:** The effect of equilibration time on post-thaw total motility (upper panel) and
378 progressive motility (lower panel) of bull semen frozen at 6, 24, 48 and 72 h post dilution as
379 assessed by computer assisted sperm analysis (Experiment 1). Vertical bars represent s.e.m.
380 ^{abc}Values with different superscripts differ significantly.

381

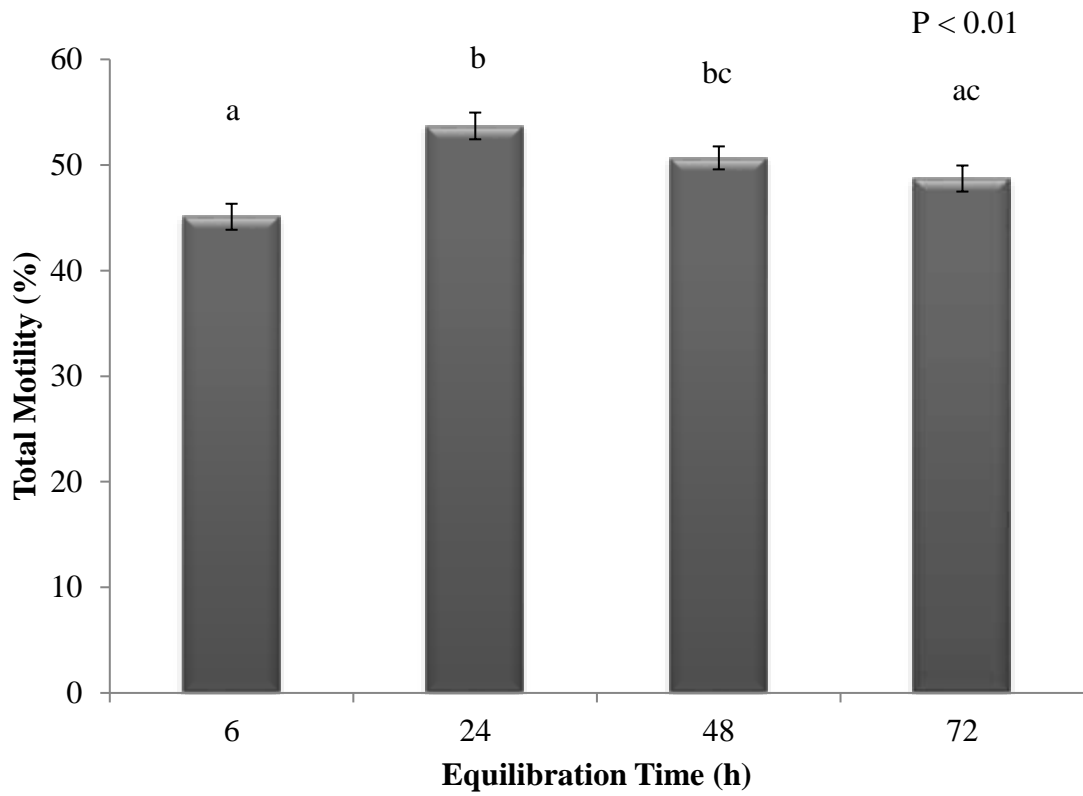
382 **Figure 2:** The effect of equilibration time on viability (upper panel) and acrosomal integrity
383 (lower panel) of frozen-thawed bull semen frozen at 6, 24, 48 and 72 h post dilution as
384 assessed by flow cytometer (Experiment 1). Vertical bars represent s.e.m. ^{abc}Values with
385 different superscripts differ significantly.

386

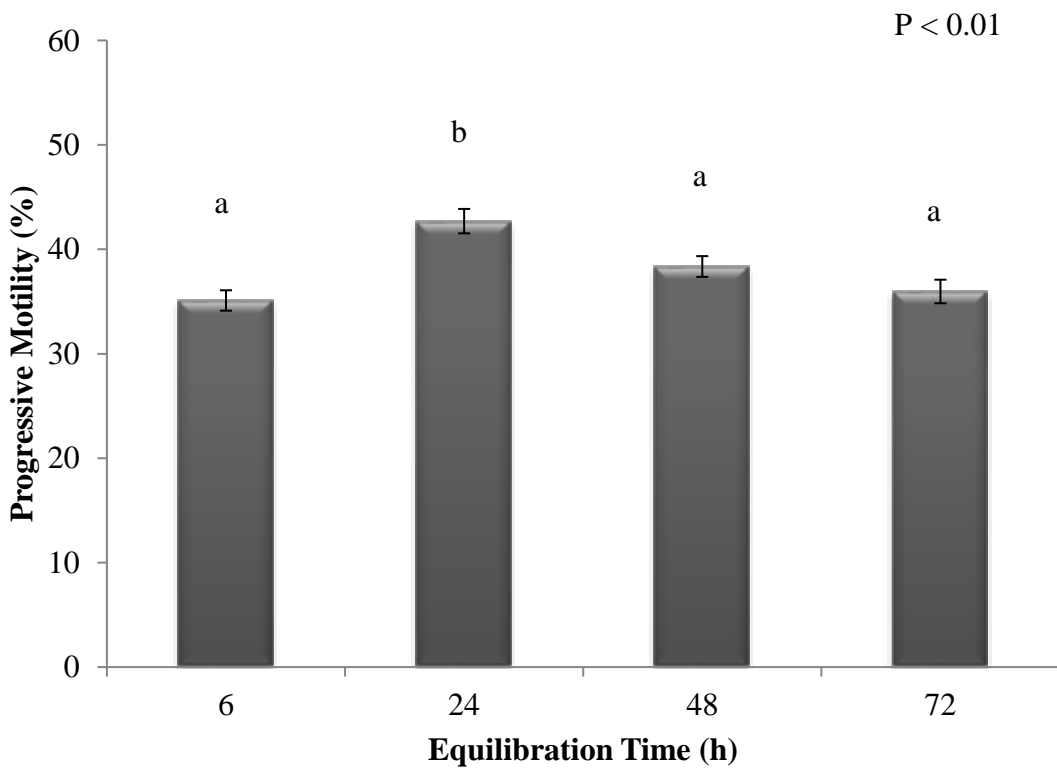
387 **Figure 3:** The effect of equilibration time prior to freezing bull semen on calving rate in dairy
388 cows and heifers (Experiment 2).

389 Murphy et al. Figure 1.

390



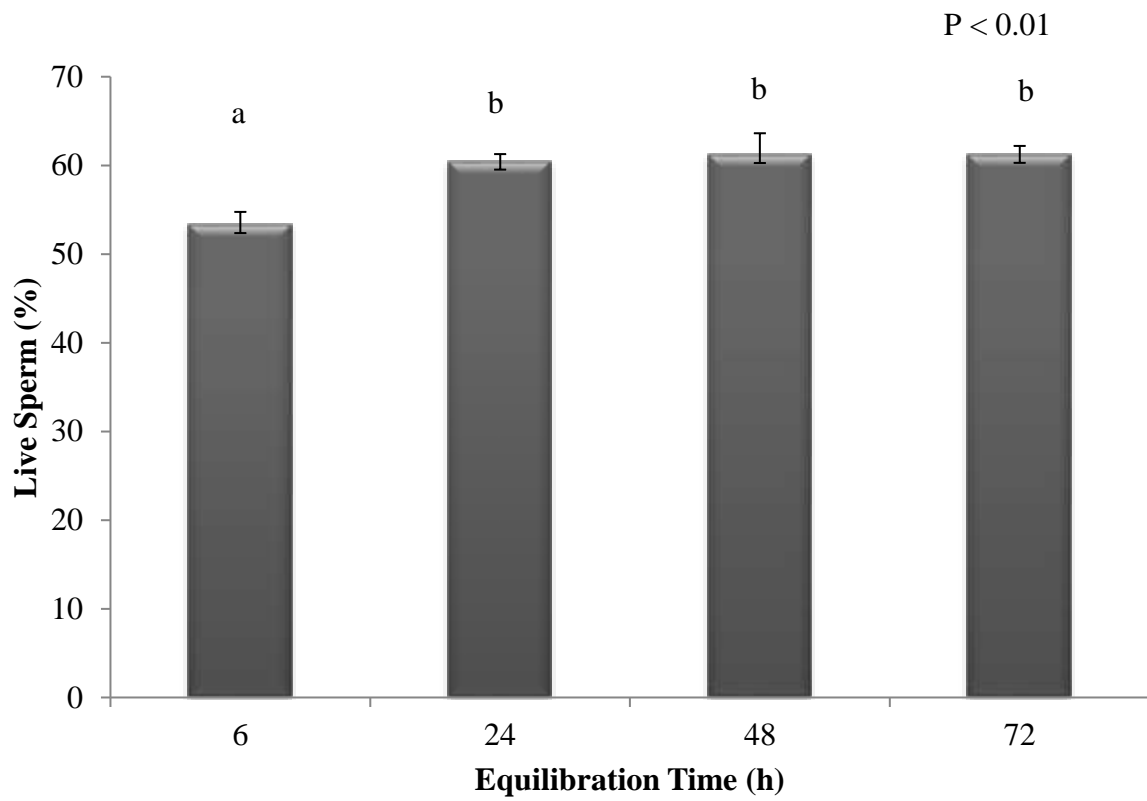
391



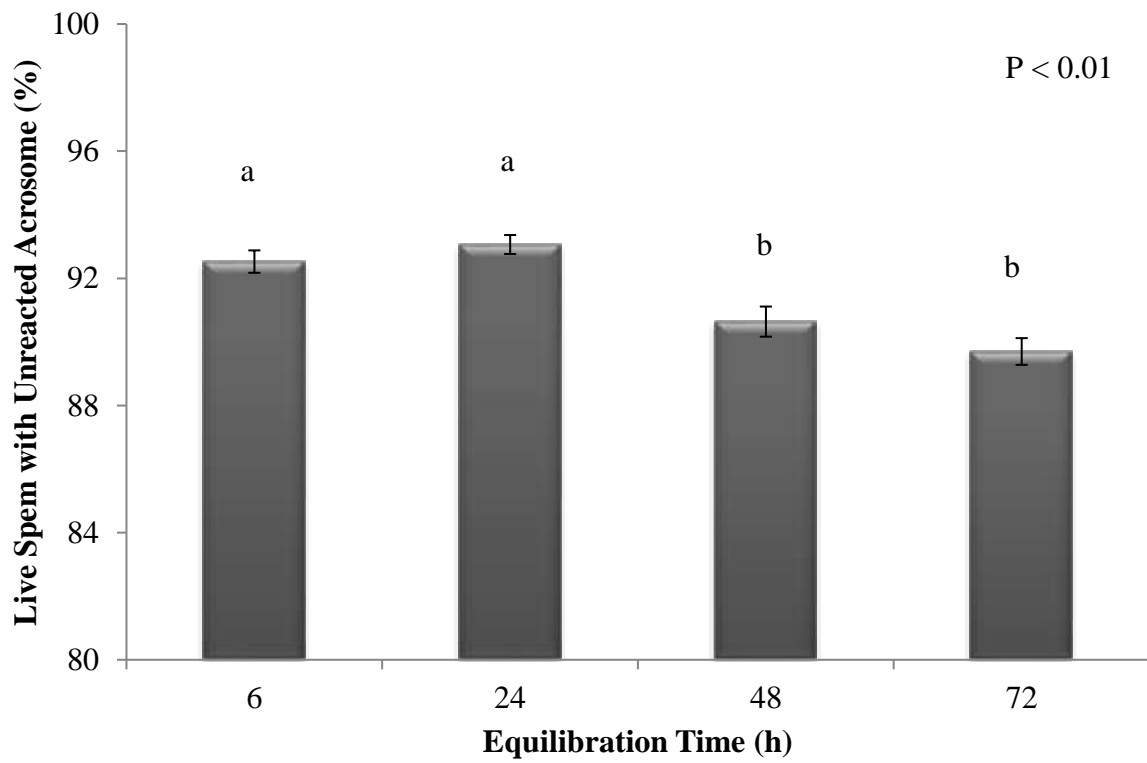
392

393 Murphy et al. Figure 2.

394



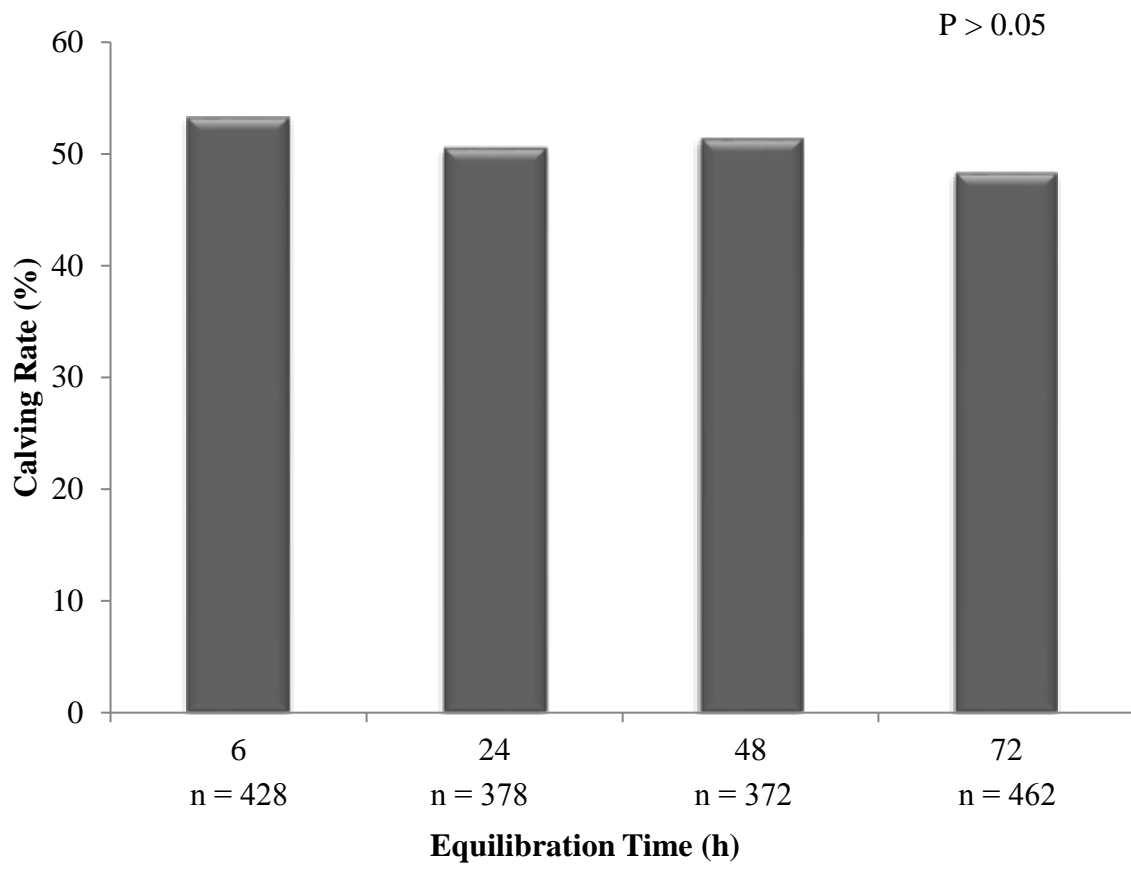
395



396

397 Murphy et al. Figure 3.

398



399

400 **Table captions**

401 **Table 1:** The effect of equilibration time on computer assisted sperm analyser post-thaw
402 kinematic parameters in bull semen extended for 6, 24, 48 and 72 h post dilution prior to
403 freezing (Experiment 1). ^{abc}Values with different superscripts differ significantly within row
404 ($P < 0.01$; values are mean \pm s.e.m)

405 Murphy et al. Table 1.

406

Kinematic Parameters	Equilibration Time (h)				P value
	6	24	48	72	Effect of Treatment
ALH (μm)	8.67 \pm 0.10 ^a	9.33 \pm 0.10 ^b	9.76 \pm 0.11 ^c	9.78 \pm 0.16 ^c	P < 0.01
BCF (Hz)	31.2 \pm 0.39 ^a	28.9 \pm 0.27 ^b	26.0 \pm 0.19 ^c	24.9 \pm 0.21 ^c	P < 0.01
LIN (%)	41.5 \pm 0.40 ^a	39.3 \pm 0.32 ^b	36.4 \pm 0.38 ^c	35.4 \pm 0.54 ^c	P < 0.01
STR (%)	76.3 \pm 0.51 ^a	75.5 \pm 0.45 ^a	71.3 \pm 0.57 ^b	69.9 \pm 0.77 ^b	P < 0.01
VAP ($\mu\text{m/s}^{-1}$)	106.1 \pm 1.44 ^a	106.0 \pm 1.18 ^a	101.9 \pm 1.06 ^{ab}	97.5 \pm 1.27 ^b	P < 0.01
VCL ($\mu\text{m/s}^{-1}$)	201.7 \pm 2.77	209.6 \pm 2.22	207.7 \pm 2.48	201.8 \pm 3.32	ns
VSL ($\mu\text{m/s}^{-1}$)	81.2 \pm 1.19 ^a	80.4 \pm 0.99 ^a	72.4 \pm 0.85 ^b	67.7 \pm 0.87 ^b	P < 0.01
WOB (%)	53.3 \pm 0.22 ^a	51.3 \pm 0.18 ^b	50.1 \pm 0.21 ^c	49.7 \pm 0.24 ^c	P < 0.01
Proximal Droplets (%)	3.7 \pm 0.67	3.8 \pm 0.71	4.0 \pm 0.83	3.9 \pm 0.97	ns
Distal Droplets (%)	4.6 \pm 0.24	3.9 \pm 0.26	4.3 \pm 0.28	4.3 \pm 0.25	ns

407 ALH = amplitude of lateral head displacement, BCF = beat cross frequency, LIN = linearity, STR =
 408 straightness, VAP = average path velocity, VCL = curvilinear velocity, VSL = straight line velocity, WOB =
 409 wobble, ns = not significant.

410

411 **References**

- 412 1. Vishwanath R, Shannon P. Do sperm cells age? A review of the physiological changes in
413 sperm during storage at ambient temperature. *Reprod Fert Develop* 1996;9:321-31.
- 414 2. Howley P, Donoghue CO, Heanue K. Factors Affecting Farmers' Adoption of Agricultural
415 Innovations: A Panel Data Analysis of the Use of Artificial Insemination among Dairy
416 Farmers in Ireland. *J Agr Sci* 2012;4:171.
- 417 3. Liu Z, Foote RH, Brockett CC. Survival of bull sperm frozen at different rates in media
418 varying in osmolarity. *Cryobiology* 1998;37:219-30.
- 419 4. Muiño R, Rivera M, Rigau T, Rodriguez-Gil J, Peña A. Effect of different thawing rates on
420 post-thaw sperm viability, kinematic parameters and motile sperm subpopulations structure of
421 bull semen. *Anim Reprod Sci* 2008;109:50-64.
- 422 5. Shah S, Andrabi S, Qureshi I. Effect of equilibration times, freezing, and thawing rates on
423 post-thaw quality of buffalo (*Bubalus bubalis*) bull spermatozoa. *Andrology* 2016;5:972-6.
- 424 6. Celeghini ECC, de Arruda RP, de Andrade AFC, Nascimento J, Raphael CF, Rodrigues
425 PHM. Effects that bovine sperm cryopreservation using two different extenders has on sperm
426 membranes and chromatin. *Anim Reprod Sci* 2008;104:119-31.
- 427 7. Shannon P, Vishwanath R. The effect of optimal and suboptimal concentrations of sperm on
428 the fertility of fresh and frozen bovine semen and a theoretical model to explain the fertility
429 differences. *Anim Reprod Sci* 1995;39:1-10.
- 430 8. Sathe S, Shipley CF. Cryopreservation of Semen. *Bovine Reprod* 2015: 662-70.
- 431 9. Thomas C, Garner D, DeJarnette J, Marshall C. Effect of cryopreservation of bovine sperm
432 organelle function and viability as determined by flow cytometry. *Biol Reprod* 1998;58:786-
433 93.
- 434 10. Vishwanath R, Shannon P. Storage of bovine semen in liquid and frozen state. *Anim Reprod*
435 *Sci* 2000;62:23-53.
- 436 11. Muiño R, Fernandez M, Peña A. Post-thaw Survival and Longevity of Bull Spermatozoa
437 Frozen with an Egg Yolk-based or Two Egg Yolk-free Extenders after an Equilibration
438 Period of 18 h. *Reprod Domest Anim* 2007;42:305-11.
- 439 12. Purdy P. A review on goat sperm cryopreservation. *Small Ruminant Res* 2006;63:215-25.
- 440 13. Bathgate R, Maxwell W, Evans G. Studies on the Effect of Supplementing Boar Semen
441 Cryopreservation Media with Different Avian Egg Yolk Types on in Vitro Post-thaw Sperm
442 Quality. *Reprod Domest Anim* 2006;41:68-73.
- 443 14. Amann RP. Cryopreservation of sperm. *Encyclopedia of reproduction*. Academic Press,
444 Burlington, MA, 1999:773-83.
- 445 15. Holt W. Basic aspects of frozen storage of semen. *Anim Reprod Sci* 2000;62:3-22.

- 446 16. Ahmad M, Nasrullah R, Ahmad N. Effect of cooling rate and equilibration time on pre-freeze
447 and post-thaw survival of buck sperm. *Cryobiology* 2015;70:233-38.
- 448 17. Leite TG, do Vale Filho VR, de Arruda RP, de Andrade AFC, Emerick LL, Zaffalon FG, et
449 al. Effects of extender and equilibration time on post-thaw motility and membrane integrity of
450 cryopreserved Gyr bull semen evaluated by CASA and flow cytometry. *Anim Reprod Sci*
451 2010;120:31-8.
- 452 18. Layek S, Mohanty T, Kumaresan A, Parks J. Cryopreservation of bull semen: Evolution from
453 egg yolk based to soybean based extenders. *Anim Reprod Sci* 2016;172:1-9.
- 454 19. Watson P. The causes of reduced fertility with cryopreserved semen. *Anim Reprod Sci*
455 2000;60:481-92.
- 456 20. Berndtson W, Foote R. The freezability of spermatozoa after minimal pre-freezing exposure to
457 glycerol or lactose. *Cryobiology* 1972;9:57-60.
- 458 21. Câmara D, Silva S, Almeida F, Nunes J, Guerra M. Effects of antioxidants and duration of
459 pre-freezing equilibration on frozen-thawed ram semen. *Theriogenology* 2011;76:342-50.
- 460 22. Deka B, Rao A. Effect of glycerol level in Tris-based extender and equilibration period on
461 quality of frozen goat semen. *Theriogenology* 1986;26:231-38.
- 462 23. Fleisch A, Malama E, Witschi U, Leiding C, Siuda M, Janett F, Bollwein H. Effects of an
463 extension of the equilibration period up to 96 hours on the characteristics of cryopreserved
464 bull semen. *Theriogenology* 2017;89:255-62.
- 465 24. Michel G, Chaigneau A, Guyonnet B. Effects of equilibration time on post thaw motility and
466 fertility of bull semen. *Anim Reprod Sci* 2016;169:102.
- 467 25. Arifiantini RI, Yusuf TL. Developing of tris soy milk diluent for Frisian Holstein bull frozen
468 semen. *HAYATI J Biosciences* 2010;17:91-4.
- 469 26. Foote R, Kaproth M. Large batch freezing of bull semen: effect of time of freezing and
470 fructose on fertility. *J Dairy Sci* 2002;85:453-56.
- 471 27. Crespilho A, Nichi M, Guasti P, Freitas-Dell'Aqua C, Sá Filho M, Maziero R, et al. Sperm
472 fertility and viability following 48h of refrigeration: Evaluation of different extenders for the
473 preservation of bull semen in liquid state. *Anim Reprod Sci* 2014;146:126-33.
- 474 28. Murphy EM, Murphy C, O'Meara C, Dunne G, Eivers B, Lonergan P, Fair S. A comparison
475 of semen diluents on the in vitro and in vivo fertility of liquid bull semen. *J Dairy Sci*
476 2017;100:1541-54.
- 477 29. Murphy C, Holden SA, Murphy EM, Cromie AR, Lonergan P, Fair S. The impact of storage
478 temperature and sperm number on the fertility of liquid-stored bull semen. *Reprod Fert*
479 *Develop* 2016;28:1349-59.
- 480 30. Berry D, Shalloo L, Cromie A, Olori V, Amer P, Economic breeding index for dairy cattle in
481 Ireland. Irish Cattle Breeding Federation: Bandon, Cork, 2005.

- 482 31. Mortimer ST, Maxwell WC. Effect of medium on the kinematics of frozen–thawed ram
483 spermatozoa. *Reprod* 2004;127:285-91.
- 484 32. Nagy Á, Polichronopoulos T, Gáspárdy A, Solti L, Cseh S. Correlation between bull fertility
485 and sperm cell velocity parameters generated by computer-assisted semen analysis. *Acta*
486 *Veterinaria Hungarica* 2015;63:370-81.
- 487 33. Kathiravan P, Kalatharan J, Edwin MJ, Veerapandian C. Computer automated motion
488 analysis of crossbred bull spermatozoa and its relationship with in vitro fertility in zona-free
489 hamster oocytes. *Anim Reprod Sci* 2008;104:9-17.
- 490 34. Budworth PR, Amann RP, Chapman PL. Relationships Between Computerized
491 Measurements of Motion of Frozen-Thawed Bull Spermatozoa and Fertility. *J Androl*
492 1988;9:41-54.
- 493 35. Amann RP. Can the fertility potential of a seminal sample be predicted accurately? *J Androl*
494 1989;10:89-98.
- 495 36. Oliveira LZ, de Arruda RP, de Andrade AFC, Celeghini ECC, Reeb PD, Martins JPN, et al.
496 Assessment of in vitro sperm characteristics and their importance in the prediction of
497 conception rate in a bovine timed-AI program. *Anim Reprod Sci* 2013;137:145-55.
- 498 37. Amann RP, Waberski D. Computer-assisted sperm analysis (CASA): capabilities and
499 potential developments. *Theriogenology* 2014;81:5-17.
- 500 38. Rickenbacher R. Influence of the dilution rate and equilibration time on the quality of frozen
501 animals in the bull. <https://doi.org/10.5167/uzh-26387>; 2009 [assessed 10.05.17]
- 502 39. Anzar M, Kroetsch T, Boswall L, Cryopreservation of bull semen shipped overnight and its
503 effect on post-thaw sperm motility, plasma membrane integrity, mitochondrial membrane
504 potential and normal acrosomes. *Anim Reprod Sci* 2011;126:23-31.
- 505 40. Pickett B, Berndtson W. Principles and techniques of freezing spermatozoa. *Physiology of*
506 *reproduction and artificial insemination of cattle* 1978:494-554.
- 507 41. Murphy EM, Murphy C, O'Meara C, Dunne G, Eivers B, Lonergan P, Fair S. A comparison
508 of semen diluents on the in vitro and in vivo fertility of liquid bull semen. *J Dairy Sci*
509 2017;100:1541-54.
- 510 42. Irish Cattle Breeding Federation (ICBF). Economic Breeding Index (EBI).
511 <https://www.icbf.com/wp/?p=5852>; 2017 [accessed 16.05.17]