

1 Impact of early life nutrition on the molecular and physiological regulation of puberty onset in  
2 the bull

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## 12 **Abstract**

13 The advent of genomic selection has accentuated interest in procuring saleable semen from  
14 young genetically elite bulls as early in life as possible. However, the timing of availability of  
15 semen, for commercial use will be determined by the age at which these young animals reach  
16 puberty and subsequent sexual maturity. Enhancing early life nutrition stimulates the  
17 functionality of the hypothalamic-pituitary-testicular (HPT) axis, mediated through complex  
18 biochemical interplay between metabolic and neuroendocrine signals and culminating in  
19 enhanced testicular growth, steroidogenesis, spermatogenesis and ultimately earlier onset of  
20 sexual maturation. Indeed, recent evidence indicates that the timing of sexual precocity, which is  
21 dictated by an early gonadotropin rise (8-20 weeks of age) in the bull, is determined by  
22 prevailing metabolic status during calthood and is not compensable even where prior  
23 undernutrition is followed by dietary augmentation. However, despite this, the precise neuronal  
24 mechanisms regulating these developmental processes remain to be elucidated for the bull.  
25 Although early life nutrition clearly affects the sexual maturation process, there is little evidence  
26 for latent effects on post-pubertal semen characteristics. Equally, post-pubertal fertility,

27 measured as *in vitro* fertilisation and early embryogenesis, is not influenced by nutritional status  
28 during early life. Current efforts employing high throughput nucleic acid and proteomic  
29 sequencing and targeted immunofluorescence coupled with systems biology based gene network  
30 analyses, can provide further insight on how nutrition may mediate the biochemical interaction  
31 between neuroendocrine and testicular cellular processes. Such information can be harnessed to  
32 identify potential genomic targets as part of genomically assisted breeding programmes as well  
33 as facilitating development of strategic nutritional regimens to optimize sexual maturation and  
34 subsequent semen availability from genetically elite young bulls.

35 Keywords: nutrition, metabolic status, RNAseq,

## 36 **Background**

37 Although the advent of genomic selection in cattle breeding has undoubtedly increased  
38 the rate of genetic gain, the realisation of the full economic potential of this technology is  
39 undoubtedly hampered by the length of the generation interval (Konig et al., 2009). Indeed  
40 immense pressure is now been placed on the exploitation of male germplasm; elite sires can now  
41 be selected weeks after their birth, meaning that semen from these animals will be in demand as  
42 soon as they are capable of producing it. As a young bull will only produce 30-50% of the  
43 quantity of semen of a mature bull in his first year at stud (Amann and DeJarnette, 2012), the  
44 imbalance between supply and demand occurs immediately. Thus, there is major interest,  
45 worldwide in strategies to advance puberty and sexual maturation in the bull (Kenny and Byrne,  
46 2018). Puberty in bulls is defined as the ability to produce an ejaculate containing  $>50 \times 10^6$   
47 sperm cells with  $>10\%$  progressive linear motility (Wolf et al., 1965). As semen quantity and  
48 quality can be a difficult phenotype to define, due to logistics of frequent semen collection and

49 analysis, more easily measurable proxy traits such as reaching a scrotal circumference  $\geq 28$  cm  
50 have also been used (Lunstra et al., 1978). However, scrotal circumference is influenced by both  
51 nutrition and breed; therefore, it will not be as sensitive or accurate for predicting age at puberty  
52 as conventional semen based analyses.

53 An acknowledged increase in secretion of the gonadotropins luteinizing hormone (LH)  
54 and follicle stimulating hormone (FSH) occurs in bulls between 8 and 20 weeks of age in  
55 response to increased gonadotropin releasing hormone (GnRH) pulsatility (Rawlings et al.,  
56 2008). The timing of this gonadotropin rise apparently dictates age at attainment of puberty  
57 (Evans et al., 1995). Luteinizing hormone stimulates differentiation of Leydig cells in the testes  
58 that secrete testosterone, whereas FSH stimulates the differentiation and proliferation of Sertoli  
59 cells (SC) (Berndtson et al., 1987, Rawlings et al., 2008). The secretion of these gonadotropins  
60 begins to decline in response to androgen negative feedback in the form of increased testosterone  
61 secretion in the testes (Rawlings and Evans, 1995). In recent years, research has focused on  
62 modulation of this early life gonadotropin secretion, with the aim of altering its timing or the  
63 magnitude of secretion; however, to date there have been no studies that examine whether it is  
64 the timing or magnitude of this rise that has a greater influence on age at attainment of puberty in  
65 bulls. Many studies including our own have clearly shown that enhancing the metabolic status of  
66 bull calves in early life hastens the onset of puberty (Brito et al., 2007a, Dance et al., 2015,  
67 Byrne et al., 2018a). Coincident with this, advancements in biotechnology have also facilitated  
68 more in depth investigations into biochemical interactions between metabolism and its regulatory  
69 role on sexual maturation (Liron et al., 2017, English et al., 2018a).

## 70 **Physiological regulators of puberty**

71 The timing and systemic concentrations of reproductive hormones secreted early in life have a  
72 major impact on testicular development and thus on the age at which an individual bull reaches  
73 puberty (Aravindakshan et al., 2000, Brito et al., 2007c). Based on datasets from our own  
74 laboratory, we have summarised the typical profiles of FSH, LH and testosterone (TT) in  
75 adequately fed young pre-pubertal bulls, depicted in Figure 1.

76 Released from the hypothalamus in pulses (Levine et al., 1982), GnRH is responsible for  
77 the secretion of LH and FSH from the anterior pituitary (Burgus et al., 1971, Matsuo et al.,  
78 1971). As GnRH plays such a pivotal role in the hypothalamic-pituitary-testicular (HPT) axis,  
79 manipulation of its secretion can lead to positive physiological changes in the reproductive  
80 development of the male.

81 The secretion of GnRH in bull calves is thought to be minimal during the infantile period  
82 (birth to 8 weeks). Based on analysis of blood from the hypophyseal portal system, pulsatile  
83 secretion of GnRH begins at approximately 2 weeks of age (Rodríguez and Wise, 1989).  
84 However, these latter authors reported that LH could not be detected in jugular blood until 8  
85 weeks of age. In contrast, in work conducted by our own group and others LH has been detected  
86 in the systemic circulation of bull calves as early as 2 weeks of age (Figure 1, Byrne et al.,  
87 2018b; English et al., 2018; Evans et al., 1996). Nevertheless, based on these results, any attempt  
88 to manipulate neuroendocrinology with the objective of altering sexual development in the bull  
89 should begin as early as possible, postnatally.

90 Pharmacological interventions during early life development of bulls can also be used to  
91 advance sexual development. Many studies focus on manipulation of FSH, given its positive  
92 influence on SC proliferation (Orth 1984; Bagu et al. 2004). For example, bull calves treated  
93 every second day from 4 to 8 weeks of age with exogenous FSH exhibited an increase in

94 systemic FSH concentrations (Bagu et al. 2004), which led in turn to a hastening of puberty.  
95 Histological evaluation of the testes at 56 weeks of age in that study revealed that FSH-treated  
96 bulls had a greater number of SC, elongated spermatids and spermatocytes (Bagu et al. 2004).  
97 More recently, although intramuscular administration of FSH every 3.5 days from day 97- 171 of  
98 age resulted in a greater number of SC per seminiferous tubule and earlier onset of puberty, post-  
99 pubertal daily sperm production was unaffected (Harstine et al., 2018a, Harstine et al., 2018b).

100         It is widely accepted that adequate exposure to LH is vital for normal testicular function  
101 and the initiation of Leydig cell differentiation in the testes (Chandolia et al., 1997). Recent work  
102 from our own group (Byrne et al., 2018b) and others (Brito et al., 2007b, Dance et al., 2015) has  
103 shown that enhanced early life nutrition, during the aforementioned window of increased GnRH  
104 pulsatility, can positively affect LH secretion and testosterone synthesis and release. Indeed, the  
105 effects of enhanced early life nutrition and coincident increased systemic concentrations of LH  
106 and testosterone on testicular growth and morphological development were already evident at 18  
107 weeks of age when comparing Holstein-Friesian calves offered a high versus a moderate plane of  
108 nutrition. This was manifested as greater paired testicular weights, increased seminiferous tubule  
109 diameter with a greater number of spermatogenic cells at a more advanced stage of maturity  
110 (higher percentage of spermatogonia) (English et al., 2018a). Consistent with this precocious  
111 testicular development, calves reared on the high plane of nutrition reached puberty  
112 approximately four weeks earlier than their contemporaries on the more moderate dietary  
113 allowance. Moreover, it has been clearly shown that delayed puberty as a result of suboptimal  
114 performance during the first six months of life cannot be readily mitigated through improving  
115 nutritional status in the ensuing pre-pubertal period (Brito et al., 2007b, Byrne et al., 2018a).

116

117

118 **Endocrine regulation of hypothalamic-pituitary-testicular function**

119 The studies cited above highlight the importance of an improved metabolic status for hastening  
120 the onset of puberty in bulls. Metabolic hormones (i.e. insulin like growth factor-1 (IGF-1),  
121 insulin, ghrelin, leptin, adiponectin) are secreted in response to enhanced nutrition, signalling the  
122 prevailing metabolic status to the hypothalamic-pituitary-gonadal axis, thus regulating the  
123 ontogeny of sexual development (Brito et al., 2007d).

124

125 *IGF-1 and insulin*

126 The essential role of IGF1/IGF1R in testicular development, SC and germ cell proliferation and  
127 differentiation in humans and various animal models has been reviewed by Cannarella et al.  
128 (2018). These authors highlight that FSH and IGF1 pathways are intimately connected, and  
129 IGF1R appears essential for FSH action in animals. In bulls the importance of the mitogenic  
130 influence of IGF-1 is further highlighted by the associated temporal secretion patterns of LH and  
131 testosterone (Dance et al., 2015, Byrne et al., 2018b). In the hypothalamus, IGF-1 receptors are  
132 present on GnRH neurons with the number of these receptors increasing with age in mice  
133 (Daftary and Gore, 2003). *In-vitro*, treatment of GT1-7 cells (model for GnRH secretion) with  
134 IGF-1 increased GnRH secretion (Anderson et al., 1999), likewise *in vivo*, treatment of castrated  
135 rams with exogenous IGF-1 increased LH secretion (Adam et al., 1998). The autocrine and  
136 paracrine actions of IGF-I have also been demonstrated in somatic cells in the testis (Cailleau et  
137 al., 1990, Wang and Hardy, 2004) with the presence of IGF-1R demonstrated in SC, Leydig  
138 cells, and spermatocytes of rodents (Wang and Hardy, 2004, Villalpando et al., 2008).  
139 Furthermore, FSH and IGF1 pathways are intimately connected, and IGF1R appears essential for

140 FSH action in animals (Cannarella et al., 2018). Indeed in bulls, *in-vitro* culture of SC from  
141 testes of 8 week old calves demonstrated that a combination of IGF-1 and FSH led to greater  
142 proliferation of SC, compared to treatment with either IGF-1 or FSH alone, further highlighting  
143 the important interactive role of IGF-1 and FSH in SC differentiation and proliferation (Dance et  
144 al., 2017). As IGF-1 is secreted in response to improved metabolic status, these results indicate  
145 that improving early life nutritive status nutrition may lead to earlier and greater SC  
146 proliferation, thus facilitating earlier onset of spermatogenesis and potentially improved long-  
147 term spermatogenic potential.

148         The contribution of insulin to the functionality of the HPG axis has been demonstrated by  
149 studies in which mice undergoing a specific excision of the insulin receptor in the hypothalamus  
150 (Bruning et al., 2000) displayed hypogonadism as a result of impaired release of GnRH. In  
151 addition, the identification of insulin receptors on the testes of rats (Abele et al., 1986) highlight  
152 that this hormone also has a direct effect on reproductive function in the male. In mice, when  
153 insulin receptor, IGF1 receptor or both receptors were inactivated in germ cell lineage or in SC,  
154 the inhibition of insulin/IGF signalling via receptor removal appears to result in minimal effects  
155 on germ cells and spermatogenesis (Pitetti et al., 2013). However, a 75% reduction was recorded  
156 in the size of testes and daily sperm production of adult mice lacking both insulin and IGF1  
157 receptors in SC, as a result of a reduced proliferation rate of immature SC during the late fetal  
158 and early neonatal testicular period. In addition, the authors reported that FSH requires the  
159 insulin/IGF signalling pathway to mediate its proliferative effects on immature SCs (Pitetti et al.,  
160 2013). Collectively, these results emphasize the essential role of the insulin/IGF signalling  
161 pathway in FSH-mediated SC proliferation (Pitetti et al., 2013). In bulls, the importance of IGF-1  
162 to Sertoli cell proliferation has been reported (Dance et al., 2017); however, the precise role of

163 insulin has yet to be elucidated. Nonetheless, an enhanced plane of nutrition resulted in elevated  
164 systemic concentrations of insulin as well as other metabolic hormones in early life, which was  
165 consistent with advanced testicular development and greater SC abundance during calfhood as  
166 well as earlier onset of puberty in Holstein-Friesian bulls (Byrne et al., 2018a, Byrne et al.,  
167 2018b, English et al., 2018a).

### 168 *Adipokines*

169 White adipose tissue (WAT) has traditionally been known for its role in energy storage and  
170 release when energy expenditure is greater than energy intake; however, WAT is metabolically  
171 active and thus can influence biochemical activities across many bodily systems. The function of  
172 WAT in metabolic and reproductive processes is complex, but it has been postulated that there is  
173 cross-talk between adipokines and the HPT axis. Adipose tissue produces a host of adipokines  
174 including leptin, adiponectin, resistin and apelin that impact many physiological systems  
175 including metabolism, reproduction and immunity function (Henry and Clarke, 2008). For  
176 additional insight into the impact of these adipokines on reproductive function during the pre-  
177 pubertal period in bulls the reader is referred to two recent reviews by Kenny et al. (2018) and  
178 Kenny and Byrne (2018). A brief synopsis is outlined below.

179 Leptin has been implicated as a metabolic signal involved in regulation of GnRH pulsatility  
180 (Amstalden, 2003). However, the stimulatory properties of leptin on LH secretion are normally  
181 only appreciable if the animals are undergoing severe nutrient restriction (Amstalden et al.,  
182 2000). Additionally, it is now evident that there are no leptin receptors on hypothalamic GnRH  
183 releasing neurons (Quennell et al., 2009), and *in situ* hybridization and immunohistochemistry  
184 approaches provide evidence that leptin signalling to the hypothalamus in cattle is mediated  
185 through the actions of the neuropeptide kisspeptin (Cardoso et al., 2015). Additionally,



186 proopiomelanocortin neurons in the arcuate nucleus (ARC) comprise a critical metabolic-sensing  
187 pathway thought to regulate the reproductive neuroendocrine axis (Cardoso et al., 2015), with  
188 kisspeptin neurons also acting as a relay for steroid feedback on GnRH secretion.

189 RNASeq data generated in our own laboratory from calves offered a high compared to moderate  
190 plane of nutrition highlight greater mRNA expression of genes involved in cellular energy  
191 production and branched chain amino acid degradation in subcutaneous adipose tissue in these  
192 calves (English et al., 2018b). This was consistent with histological evidence for greater  
193 adiposity (number and size of adipocytes) and a lower number of pre-adipocytes in subcutaneous  
194 adipose tissue of calves offered the high compared with the moderate plane of nutrition.  
195 Systemic concentrations of branched chain amino acids regulate metabolic processes in the liver  
196 via signalling to the ARC, which in turn leads to a down regulation of gluconeogenesis (Arrieta-  
197 Cruz and Gutiérrez-Juárez, 2016).

198 Although no differences in systemic concentrations of protein were detectable, calves offered a  
199 high plane of nutrition had a greater abundance of transcripts for adipokines such as leptin (LEP)  
200 and adiponectin (ADIPOQ) in subcutaneous adipose tissue (English et al., 2018b), concomitant  
201 with characteristics of precocious sexual development at 18 week of age such as greater paired  
202 testes weight, seminiferous tubule development and Sertoli cell abundance.

203

#### 204 *Effect of metabolic status on testicular Sertoli cell proliferation*

205 The central role of the SC in influencing spermatogenic potential together with its morphology  
206 and molecular physiology has been reviewed in detail by Franca et al. (2016). In order to assess  
207 the influence of metabolic status on testicular SC abundance in the bull, *in vivo*, we employed a  
208 multiple regression analysis using the data of English et al., (2018a) on body growth rate,

209 systemic metabolites, metabolic and reproductive hormones at various timepoints in bull calves  
210 between 2 and 18 weeks of age. The analysis showed that liveweight at 15 weeks of age  
211 accounted for 72% of the variation in SC number ( $y = 12.53651 + 0.10854x$ ; adj  $r^2 = 0.72$ ;  $P <$   
212  $0.001$ ), highlighting the importance of ensuring optimum growth rates to ensure high weight for  
213 age in early calthood, a period of high plasticity for SC proliferation and testicular development.  
214 Given the putative role of IGF-1 and FSH in SC proliferation (Dance et al., 2017), discussed  
215 earlier, unexpectedly concentrations of neither hormone contributed to the observed variation in  
216 SC abundance, in our analysis. Nevertheless, as expected there was a strong positive correlation  
217 between liveweight and systemic concentrations of IGF-1 at 15 weeks of age ( $r = 0.73$ ;  $P < 0.01$ )  
218 thus supporting a likely mediating role of the latter in modulating SC differentiation.

219 Notwithstanding our observations on the concurrent positive effect of early life nutrition on  
220 proliferation of testicular SC, in a companion study (Byrne et al., 2018a) we failed to observe  
221 evidence for latent effects on SC abundance when bulls were slaughtered at 18 months of age.  
222 The resistance of SC to the prevailing influence of nutrition in adult animals is clearly evident  
223 from the data of Guan et al. (2014), who report no difference in Sertoli cell number between 24  
224 month old rams offered either a high compared to a moderate plane of nutrition, despite the latter  
225 losing 10% of their initial bodyweight.

226 It has been reported (Sinowatz and Amselgruber, 1986) that Sertoli cell differentiation ceases at  
227 approximately 40 weeks of age in the bull (i.e. around the time of onset of puberty), whereas  
228 other authors have postulated that this cessation occurs at 25 weeks of age, coincident with an  
229 observed decrease in systemic concentrations of FSH (Bagu et al., 2004, Rawlings et al., 2008).

230 Our data highlights that the advantages of enhanced early life nutrition on Sertoli cell number  
231 may be compensated for beyond the early pre-pubertal period (8-20 weeks of age). This

232 argument is further strengthened when considering that although advancements in puberty are  
233 observed following enhanced early life nutrition, there is no evidence of latent effects on semen  
234 production potential in the same bulls (Harstine et al., 2015, Byrne et al., 2018a). In contrast,  
235 Holstein-Friesian bulls offered 130% versus 70% of energy and protein requirements had an  
236 increased number of harvestable sperm post-puberty supporting the role of enhanced early-life  
237 nutrition to optimise lifetime reproductive potential (Dance et al., 2016). In addition to this there  
238 were no reported negative effects of a moderate to high plane of nutrition on semen quality when  
239 offered post six months of age in the same Holstein-Friesian bulls (Dance et al., 2016, Byrne et  
240 al., 2018a). It is worth noting that in these studies, the frequency of semen collection was at  
241 monthly and fortnightly intervals, respectively, and this may not be reflective of exhaustion of  
242 sperm reserves experienced by these bulls in an AI centre, for example. In this regard, it would  
243 be worth examining whether there are latent effects of early life nutrition on the regeneration  
244 potential of bulls were they subjected to a more aggressive semen collection schedule. Although  
245 offering a high plane of nutrition, post six months of age, is reported to have no negative effects  
246 in the Holstein-Friesian bulls discussed above; there are reported deleterious effects when beef  
247 bred bulls are offered high plane of nutrition from six months of age (Coulter et al., 1987).  
248 Angus and Angus x Simmental bulls offered a high energy diet after weaning had greater scrotal  
249 temperature gradient; indicating that this group was not able to reduce testicular temperature at  
250 the same rate as their contemporaries offered a moderate plane of nutrition (Coulter et al., 1997).  
251 Analysis of semen from these bulls indicated that this reduced thermoregulation ability led to a  
252 reduction in the proportion of morphologically normal and motile sperm. In summary, there  
253 appears to be higher potency in disturbance of thermoregulation of the testes via nutrition when

254 offered to beef versus dairy bulls. This is a result of greater fat deposition and alterations in  
255 testicular vascular cone development (Kastelic et al., 2018).

## 256 **Molecular physiology of sexual maturation in the bull calf**

### 257 *Neuroendocrine*

258 The hypothalamus plays a major role as the homeostatic regulator of the body, receiving signals  
259 from metabolic hormones including leptin, ghrelin, insulin and IGF-I in the ARC region  
260 (Amstalden et al., 2011). It is now widely accepted that the brain undergoes periods of high  
261 plasticity during fetal and early post-natal life with the greatest response observed when  
262 metabolic perturbations are experienced during these periods (Schwartz et al., 2000, Calikoglu et  
263 al., 2001). The HPT axis controls the secretion of male hormones and thus spermatogenesis  
264 (Ramaswamy and Weinbauer, 2014).

265 A recent targeted PCR study by our research group has demonstrated that ghrelin receptor  
266 (*GHSR*) was down regulated in the ARC and anterior pituitary when Holstein-Friesian bulls were  
267 offered a high compared with a moderate plane of nutrition (English et al., 2018a), consistent  
268 with the inhibitory effect of this hormone on GnRH pulsatility (Chouzouris et al., 2016). The  
269 information on neuroendocrine regulation of puberty in bulls is currently very limited; however,  
270 neuroendocrinological mechanisms have been studied more extensively in heifers. The mRNA  
271 abundance of agouti related protein (AGRP) has been reported to be lower in heifers undergoing  
272 accelerated versus restricted growth (Allen et al., 2012), whereas pro-opiomelanocortin (POMC)  
273 mRNA abundance was increased in heifers achieving higher ADG.

## 274 **Molecular control of onset of puberty in the bull**

275 Given the central role of nutritional status in governing the functionality of the hypothalamic-  
276 pituitary-testicular axis which in turn regulates sexual development and puberty onset there is  
277 substantial interest in uncovering the underlying molecular mechanisms controlling this  
278 relationship. Additionally, unravelling the underlying biology contributing to precocious puberty  
279 may lead to the identification of the key ‘gatekeeper’ genes controlling puberty onset that,  
280 following appropriate validation, could be used in genomic selection breeding programs. A  
281 recent global transcriptomics (RNAseq) study by our research group showed that improved early  
282 life nutrition increased the expression of genes involved in both cholesterol and androgen  
283 biosynthesis within the testes (English *et al.*, unpubl.). However, in contrast, whereas thousands  
284 of genes were expressed in both the ARC and anterior pituitary tissues of the same calves, no  
285 genes affiliated with reproductive function or development were differentially expressed in either  
286 tissue (English *et al.*, unpubl.). This apparent discrepancy between hypothalamic-anterior  
287 pituitary gene expression patterns with that of the testes may be due to the transitory nature of  
288 gene transcripts within the brain (Bondy and Lee, 1993) and/or the fact the impact of prevailing  
289 nutrition may have been manifested much earlier in the brain tissues with latent effects on  
290 testicular obvious at the time of tissue harvest. Indeed the sizeable effect of plane of nutrition on  
291 testicular transcriptional activity (>1300 differentially expressed genes (DEG) detected) was  
292 consistent with a two fold increase in testicular weight and advanced stage of development for  
293 both seminiferous tubule morphology and spermatogenesis in bull calves offered a higher plane  
294 of nutrition (English *et al.*, unpubl.).

295 Although molecular based evaluations of the effect of early life-nutrition on DEG profiles can  
296 yield interesting preliminary information, individual genes obviously do not work alone, instead  
297 interacting across tissues to elicit a subsequent physiological phenotypic outcome. Thus study of

298 gene networks can provide the potential to uncover gene to gene interactions governing a  
299 particular phenotype of interest, with this information important for the identification of key or  
300 ‘hub’ genes that play important central roles in complex phenotypes (Wang et al., 2014).  
301 Consequently, using existing RNAseq datasets we recently performed gene co-expression  
302 analyses to reveal further insights into the genes that are affected by dietary manipulation and  
303 may be contributing to the advancement in sexual development typically observed in young bull  
304 calves offered nutritionally enhanced diet. Networks of co-expressed genes were derived from  
305 the RNAseq datasets (arcuate nucleus, anterior pituitary, testes and adipose tissue) of the  
306 aforementioned studies of English et al. (unpubl.). We employed the weighted gene co-  
307 expression network analysis (WGCNA) systems biology approach (Langfelder and Horvath,  
308 2008) to examine the association between gene networks and testicular abundance of SC, a key  
309 trait positively associated with post-pubertal spermatogenic potential and fertility in the bull. The  
310 main outcomes of this analysis are summarised in Figure 3.

### 311 **Genetic variants putatively associated with sexual maturation in the bull calf**

#### 312 *Adipose*

313 The function of adipose tissue in metabolic and reproductive processes is complex but it has  
314 been postulated that there is cross-talk between adipose tissue and the hypothalamic-pituitary-  
315 testicular axis (English et al., 2018). This relationship is established within our own results  
316 through the negative association between a network of co-expressed genes within the adipose  
317 dataset and genes of the GnRH signalling pathway. This negative correlation is paralleled with  
318 the up-regulation of *LEP* in bull calves offered a high compared to a moderate plane of nutrition  
319 (English et al., 2018). Greater leptin secretion from adipose tissue can augment gonadotrophin

320 synthesis and secretion ultimately contributing to Sertoli cell development in well-nourished  
321 calves.

322 In addition to the above, our gene co-expression analysis also revealed that animals offered a  
323 high plane of nutrition and having greater testicular Sertoli cell abundance displayed gene  
324 expression profiles in adipose tissue that were positively associated with oxidative  
325 phosphorylation as well as fatty acid elongation. This is in agreement with the documented  
326 earlier attainment of puberty in animals displaying greater adiposity, as evidenced by the  
327 immunohistological analyses of English et al. (2018). Additionally, our gene co-expression  
328 analyses revealed genes involved in PI3K-Akt signalling as positively correlated with Sertoli cell  
329 number. Indeed, within the published literature, Roa and Tena-Sempere (2014), Jin and Yang  
330 (2014) and Acosta-Martinez (2011) have all proposed a role for the PI3K-Akt signalling pathway  
331 for the integration of metabolism with reproductive processes, with our results indicating a  
332 contribution to puberty attainment dependent on prevailing dietary management. However, we  
333 did not establish evidence for a role for this biochemical signalling pathway within the  
334 hypothalamic-pituitary-testicular axis.

335

### 336 *Arcuate Nucleus and Anterior Pituitary*

337 As outlined above, our molecular evaluations through differential gene expression analysis  
338 yielded limited results for both the arcuate nucleus and anterior pituitary tissues of Holstein-  
339 Friesian bulls offered varying planes of nutrition, when tissues were analysed on their own.  
340 However, subjecting the same datasets to WGCNA revealed genes contributing to sexual  
341 development and specifically SC abundance that weren't apparent from differential expression  
342 analyses alone. For example, within the arcuate nucleus we identified two separate networks of

343 co-expressed genes that were positively correlated with Sertoli cell number. Of these two  
344 networks one included genes primarily involved in processes including ubiquitin mediated  
345 proteolysis, whilst the other comprised of genes coding for proteins of the inner mitochondrial  
346 membrane. These results indicate that increased cellular metabolic activity within the arcuate  
347 nucleus of animals on the high plane of nutrition is contributing to the greater testicular  
348 abundance of SC evident in these animals.

349 Currently, information on the molecular regulation of puberty in bulls is quite limited,  
350 particularly so in relation to genetic variations associated with puberty. Dias et al. (2017) and  
351 Fortes et al. (2013) have each identified SNPs associated with puberty in cattle using SNP-  
352 detection from RNAseq data and GWAS, respectively. One gene in particular, *PENK*, identified  
353 by Dias et al. (2017) as associated with puberty, was also included within each of the two arcuate  
354 nucleus co-expression networks positively associated with SC number. *PENK* was also  
355 previously identified as a gene harbouring a SNP associated with fertility in Brangus heifers  
356 (Peters et al., 2013). This gene codes for pro-enkephalin, forming a part of the opioid system,  
357 influencing the hypothalamus-pituitary-gonadal axis (Subrian et al., 2011). The opioid system  
358 produces neuroendocrine products that are involved in the release of GnRH and consequently  
359 FSH and LH from the anterior pituitary (Subrian et al., 2011). Thus the positive correlation  
360 observed in our analysis between *PENK* and SC number indicates that expression of this gene  
361 within the arcuate nucleus may be influencing SC development, more than likely through  
362 interaction with the FSH receptor that is expressed exclusively in SC (McLachlan et al., 1995).

363 Similar to the arcuate nucleus region, within the anterior pituitary, two separate networks of co-  
364 expressed genes involved in cellular proteolysis and the mitochondrion as well as an additional  
365 network involved in kinesin complex and chromatin remodelling were all positively associated



366 with SC number. The kinesin complex and chromatin remodelling network complements the  
367 differential expression of genes involved in cellular division within this tissue type as reported by  
368 English et al. (unpubl.). A number of genes of these co-expressed networks have previously been  
369 implicated in pubertal status in cattle or have defined functions in reproductive processes. These  
370 included the secretogranin genes, *SCG2* and *SCG3* were both positively associated with SC  
371 number and were also identified to be harbouring SNPs associated with puberty at the transcript  
372 level in the data of Dias et al. (2017). Secretogranins are neuroendocrine secretory proteins,  
373 involved in the packaging of peptide hormones and neuropeptides into secretory vesicles for  
374 uptake in target cells. Additionally, *PROPI* encodes a protein involved in the development of the  
375 pituitary gland as well as the production of hormones including LH, FSH and GH (D'Elia et al.,  
376 2001; Raetzman et al., 2002; Scully and Rosenfeld, 2002) and was also associated with SC  
377 number. Indeed from their work on pubertal status in heifers, Canovas et al. (2014) concluded  
378 that *PROPI* was a key transcription factor involved in the regulation of puberty.

379 A network of genes, including genes involved in the RNA-induced silencing complex, within the  
380 anterior pituitary was negatively associated with SC number was of particular interest. This  
381 multi-protein complex elicits a gene-silencing effect leading to transcriptional repression. The  
382 negative correlation between these genes and SC number highlights a continuation of cellular  
383 transcription and prevention of transcriptional repression within the anterior pituitary that may be  
384 contributing to the greater SC number evident in the animals on the high plane of nutrition.

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### 386 *Testes*

387 Although the hypothalamus and anterior pituitary demonstrated a limited number of DEG  
388 associated with reproductive function in our differential expression study, an up regulation of

389 genes associated with cholesterol and androgen biosynthesis was evident within testicular tissue  
390 of bull calves offered a high plane of nutrition, consistent with higher systemic concentrations of  
391 testosterone (English et al., 2018a). Bull calves offered a high plane of nutrition in that study  
392 displayed histological characteristics of mature testes including greater SC abundance, more  
393 advanced lumen development and stage of spermatogenesis as discussed above and had reduced  
394 testicular expression of genes involved in SC maturation such as *CLAUDIN11* and *AMH* at 18  
395 weeks of age. *CLAUDIN11* and *AMH* have been previously associated with disruption in SC  
396 tight junctions (Guan et al., 2014) and a greater number of SC still at the differentiation stage  
397 (Vigier et al., 1984), respectively. Despite *CLAUDIN11* and *AMH* displaying differences when  
398 analysed by qPCR, these genes were not differentially expressed between planes of nutrition in  
399 RNAseq data. Our WGCNA highlighted a network of co-expressed genes within the testes  
400 dataset that was positively correlated with SC number including genes with a primary function  
401 involved in cholesterol biosynthetic process and cholesterol and lipid homeostasis. Cholesterol is  
402 essential for the production of all steroid hormones, and consequently its availability is vital for  
403 their optimal production (Hu et al., 2010). One gene in particular within this network, *CBLN2*,  
404 believed to be involved in synaptogenesis induction, was previously harbouring SNPs associated  
405 with puberty in cattle (Dias et al., 2017).

## 406 **Conclusions**

407 Systemic concentrations of metabolic hormones, IGF-1, insulin and to a lesser extent leptin,  
408 typically increase in response to an enhanced plane of nutrition in calves that is associated in turn  
409 with results elevations in LH secretion. This leads to advanced testicular development during  
410 early life with concomitant increases in testosterone production. The potential of early life  
411 nutrition to dictate a bull's lifetime performance should not be underestimated. Indeed, there is

412 now substantial evidence that dietary restriction in early life cannot be mitigated by enhancing  
413 nutritional input thereafter nor does a reduction in plane of nutrition after an animal reaches six  
414 months of age impinge on the advantages obtained from prior preferential dietary management.  
415 Molecular based evaluation of tissues of the HPT-axis as well as endocrinologically important  
416 tissue such as adipose provides evidence for the interaction between metabolic tissues and those  
417 of the HPT in regulating sexual development in the bull. In particular biological processes  
418 including oxidative phosphorylation, proteolysis, RISC and cholesterol biosynthesis contribute to  
419 the development of SC within the testes. Further analysis and validation of key ‘hub’ genes and  
420 proteins with the HPT and associated metabolic tissues may contribute towards marker assisted  
421 genomic selection programs for the identification and selection of bulls with greater propensity  
422 towards sexual precocity.

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**Figure legends**

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632 **Figure 1.** Mean serum luteinizing Hormone (LH), follicle stimulating hormone (FSH) and  
633 testosterone concentrations in pre-pubertal Holstein-Friesian bulls (Adapted from Byrne *et al.*,  
634 2018b; English *et al.*, unpubl.)

635 **Figure 2.** Mean ( $\pm$  SEM) systemic concentrations of adiponectin, IGF-1, insulin and leptin in  
636 pre-pubertal Holstein-Friesian bull calves (Adapted from Byrne et al., 2018a).

637 **Figure 3.** Biological processes contributing to Sertoli cell development. Transcriptional profiling  
638 of tissues of the HPT-axis as well as adipose tissue revealed biological processes that contribute  
639 to Sertoli cell development within the testes. All processes presented were positively correlated  
640 with Sertoli cell abundance, with the exception of GnRH signaling within the adipose tissue and  
641 RISC within the anterior pituitary, that were negatively associated with Sertoli cell development.