

1 **Inhibition of dipeptidyl peptidase IV (DPP-IV) by proline containing casein-**  
2 **derived peptides**

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21

## 22 **Abstract**

23 Dipeptides with a C terminal Pro inhibit dipeptidyl peptidase IV (DPP-IV), a key enzyme in  
24 incretin hormone processing. It was hypothesised that tri- and tetrapeptides with a proline at the  
25 C-terminus may also be DPP-IV inhibitors. Therefore, an *in silico* hydrolysis approach was used  
26 to release short ( $4 \leq$  amino acids) C terminal Pro peptides from the individual caseins which  
27 constitute Pro rich substrates. This was achieved using theoretical digestion of caseins with a  
28 prolyl oligopeptidase activity. Fifteen peptides were subsequently selected for *in vitro* DPP-IV  
29 inhibitory analysis. Stability of these peptides to gastrointestinal enzymes was also evaluated *in*  
30 *silico* and the predicted breakdown peptides were assessed for their DPP-IV inhibitory and  
31 antioxidant potential. New DPP-IV inhibitors were identified, the most potent being Phe-Leu-  
32 Gln-Pro ( $IC_{50} 65.3 \pm 3.5 \mu M$ ). A low *in vitro* antioxidant (2,2-diphenyl-1-picrylhydrazyl (DPPH)  
33 scavenging) activity was also associated with the peptides studied. The strategy presented  
34 highlights the utility of employing an *in silico* approach for the prediction of food-derived  
35 peptides with a potential role in glycaemic management for subsequent development of  
36 functional foods.

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38 Key words: dipeptidyl peptidase IV inhibitors, antioxidant, bioactive peptides, milk, proline

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## 40 **1. Introduction**

41 Inhibition of dipeptidyl peptidase IV (DPP-IV) has been exploited as a new therapeutic strategy  
42 in the treatment of Type 2 diabetes (T2D) (Drucker, 2006b; Nauck & El-Ouaghli, 2005). DPP-  
43 IV can cleave incretins such as glucose dependent insulinotropic polypeptide (GIP) and  
44 glucagon-like peptide-1 (GLP-1). These hormones enhance insulin secretion from pancreatic beta  
45 cells in response to different nutrients (Drucker, 2006a). Different drugs, known as gliptins, are  
46 currently being used as DPP-IV inhibitors for the treatment of T2D (Lacroix & Li-Chan, 2014;  
47 Scheen, 2012). It has also been demonstrated that various food protein-derived peptides,  
48 including animal and plant-derived peptides, have DPP-IV inhibitory properties (Harnedy &  
49 FitzGerald, 2013; Li-Chan, Hunag, Jao, Ho, & Hsu, 2012; Velarde-Salcedo *et al.*, 2013). An *in*  
50 *silico* approach demonstrated that various DPP-IV inhibitory peptides may be found within  
51 dietary proteins, including milk proteins (Lacroix & Li-Chan, 2012b). Several studies have  
52 demonstrated that enzymatic hydrolysates of milk proteins were a good source of DPP-IV  
53 inhibitory peptides (Lacroix & Li-Chan, 2013; Lacroix & Li-Chan, 2012a; Nongonierma &  
54 FitzGerald, 2013a; Silveira, Martínez-Maqueda, Recio, & Hernández-Ledesma, 2013; Tulipano,  
55 Sibilía, Caroli, & Cocchi, 2011; Uchida, Ohshiba, & Mogami, 2011; Uenishi, Kabuki, Seto,  
56 Serizawa, & Nakajima, 2012). Recently, interactions between sitagliptin, a DPP-IV inhibitory  
57 drug, and milk-derived peptides were studied, showing an additive effect between sitagliptin and  
58 the milk-derived peptides for DPP-IV inhibition *in vitro* (Nongonierma & FitzGerald, 2013b).  
59 These studies indicate that food-derived peptides may play an important role in glycaemic  
60 regulation.

61 Peptide inhibitors of DPP-IV with various amino acid sequences have been reported in the  
62 literature (Lacroix & Li-Chan, 2012b). It has been shown that dipeptides with the sequence Xaa-  
63 Pro (with Xaa representing an amino acid) can act as DPP-IV inhibitors. Different dipeptide  
64 sequences with a Pro residue at the C terminus have previously been identified as DPP-IV

65 inhibitors (Hatanaka *et al.*, 2012). The casein-derived peptide, Leu-Pro-Gln-Asn-Ile-Pro-Pro  
66 (f70-76), was found to be a DPP-IV inhibitor with an IC<sub>50</sub> value of 160 μM (Uenishi *et al.*, 2012).  
67 In addition, various peptide sequences without Pro residues have also been reported as potent  
68 DPP-IV inhibitors (Lacroix & Li-Chan, 2012b; Nongonierma & FitzGerald, 2013a). However,  
69 there appears to be a limited amount of data available in the literature describing the role of short  
70 ( $4 \leq$  amino acids) casein-derived peptides having C terminal Pro residues on DPP-IV inhibition.

71 The increased oxidative stress associated with T2D may potentiate the development of secondary  
72 complications such as cardiovascular and renal disease (Hayden & Tyagi, 2001). It has been  
73 demonstrated that caseins and casein-derived peptides can scavenge free radicals *in vitro* (Irshad,  
74 Kanekanian, Peters, & Masud, 2013; Kitts, 2005; Suetsuna, Ukeda, & Ochi, 2000) and increase  
75 cellular catalase activity and glutathione levels in human lymphocyte (Jurkat) cells (Phelan,  
76 Aherne-Bruce, O'Sullivan, FitzGerald, & O'Brien, 2009). Much interest has focused on the role  
77 of dietary antioxidants on health. To date, there appears to be a lack of consensus on the role of  
78 these compounds *in vivo* (Chang & Chuang, 2010; Power, Jakeman, & FitzGerald, 2013).  
79 However, given the potential of bioactive peptides to display multifunctional activities, we also  
80 investigated the *in vitro* antioxidant activity of the synthetic peptides.

81 The aim of this study was to evaluate the ability of selected short ( $4 \leq$  amino acids) C-terminal  
82 Pro containing peptides, predicted *in silico* to be released from casein, a Pro-rich substrate, on  
83 incubation with prolyl oligopeptidase, to inhibit DPP-IV activity. In addition, the *in vitro*  
84 antioxidant (DPPH scavenging) activity of these peptides was studied. The DPP-IV inhibitory  
85 peptides evaluated herein were also subjected to *in silico* analysis to predict their stability to  
86 gastrointestinal enzyme digestion. Peptides predicted to be released following *in silico*  
87 gastrointestinal digestion were tested *in vitro* for both their DPP-IV inhibitory and antioxidant  
88 potential.

89

## 90 **2. Materials and methods**

### 91 **2.1. Reagents**

92 Asn-Pro, Leu-Pro, Gln-Pro, Gly-Pro, Tyr-Pro, Ile-Pro, Val-Arg, Ile-Thr-Pro, Lys-His-Pro, His-  
93 Gln-Pro, Lys-Tyr-Pro, Val-Glu-Pro, Ile-Gln-Pro, Trp-Ile-Gln-Pro, Asn-Ser-Leu-Pro, Val-Leu-  
94 Gly-Pro, Phe-Leu-Gln-Pro and Val-Arg-Gly-Pro were from Thermo Fisher Scientific (Ulm,  
95 Germany). Tris(hydroxymethyl)aminomethane (TRIS), 2,2-diphenyl-1-picrylhydrazyl (DPPH),  
96 6-hydroxy-2,5,7,8-tetramethylchromane-2-carboxylic acid (Trolox<sup>TM</sup>), Gly-Pro-pNA, diprotin A  
97 (Ile-Pro-Ile), ethanol and porcine DPP-IV ( $\geq 10$  Units.mg<sup>-1</sup> protein) were obtained from Sigma  
98 Aldrich (Dublin, Ireland). HPLC grade water and hydrochloric acid were from VWR (Dublin,  
99 Ireland).

### 100 **2.2. *In silico* digestion of the caseins with prolyl oligopeptidase**

101 The caseins ( $\alpha_{s1}$ -,  $\alpha_{s2}$ -,  $\beta$ - and  $\kappa$ -casein) were digested *in silico* with a prolyl oligopeptidase (EC  
102 3.4.21.26) activity to release peptides with a Pro residue at the C terminus. This enzyme  
103 potentially cleaves at the Pro C side of Pro-Xaa sequences, with Xaa being an amino acid  
104 different from Pro. Less effective cleavage at the Ala C-side of Ala-Xaa has also been reported  
105 (Polgar, 1992). Fifteen selected di-, tri- and tetra-peptide candidates (Tyr-Pro, Leu-Pro, Asn-Pro,  
106 Ile-Pro, Gly-Pro, Ile-Thr-Pro, His-Gln-Pro, Lys-Tyr-Pro, Lys-His-Pro, Val-Glu-Pro, Trp-Ile-Gln-  
107 Pro, Val-Leu-Gly-Pro, Phe-Leu-Gln-Pro, Asn-Ser-Leu-Pro and Val-Arg-Gly-Pro) were  
108 synthesised and subsequently evaluated for their DPP-IV inhibitory and DPPH scavenging  
109 properties.

110

111 Eight DPP-IV inhibitory peptides identified within the 15 peptides evaluated herein were also  
112 subjected to *in silico* digestion with pepsin (pH 1.3 and pH > 2), trypsin and chymotrypsin (high  
113 and low specificity) using the peptide cutter programme (ExpASY, 2011) in order to predict their

114 stability to gastrointestinal digestion. The peptide fragments predicted to be released on  
115 incubation with these enzymes were tested for their DPP-IV inhibitory and DPPH scavenging  
116 properties.

### 117 **2.3. DPP-IV inhibition assay**

118 Peptides were dispersed in HPLC grade water at concentrations ranging from  $12.5 \times 10^{-3}$  to 1.25  
119 mg.mL<sup>-1</sup>. The DPP-IV inhibition assay was carried out as described by Nongonierma and  
120 FitzGerald (2013a). Briefly, the test samples (25  $\mu$ L) were pipetted onto a 96 well microplate  
121 (Sarstedt, Dublin, Ireland) containing Gly-Pro-pNA, the reaction substrate (50  $\mu$ L, final  
122 concentration 0.2 mM). The negative control contained 100 mM Tris-HCl buffer pH 8.0 (25  $\mu$ L)  
123 and the reaction substrate Gly-Pro-pNA. The reaction was initiated by the addition of DPP-IV  
124 (50  $\mu$ L, final concentration 0.0025 Units.mL<sup>-1</sup>). All the reagents and samples were diluted in 100  
125 mM Tris-HCl buffer pH 8.0. Diprotin A was used as a positive control. Each sample was  
126 analysed in triplicate. The microplate was incubated at 37°C for 60 min in a microplate reader  
127 (Biotek Synergy HT, Winoosky, VT, USA), absorbance of the released pNA was monitored at  
128 405 nm. DPP-IV IC<sub>50</sub> values were determined by plotting the percentage of inhibition as a  
129 function of the concentration of test compound.

130 Lineweaver-Burk analysis was used to study the mode of inhibition as previously described  
131 (Nongonierma & FitzGerald, 2013a). The initial rate of the reaction (pNA released from Gly-Pro-  
132 pNA) was measured at different Gly-Pro-pNA concentrations ranging between 0.2 and 0.6 mM in  
133 the presence and absence of the DPP-IV peptide inhibitors at their IC<sub>50</sub> concentration. The  
134 affinity constant (Km, without inhibitor), the apparent affinity constant (Kapp, with inhibitor) and  
135 the maximum rate of the reaction (Vmax) were determined from the double reciprocal plots.

### 136 **2.4. DPPH radical scavenging assay**

137 The DPPH assay was used to determine the radical scavenging properties of the peptides which

138 were dispersed in HPLC grade water at concentrations ranging from  $1.25 \times 10^{-2}$  to  $1.25 \text{ mg.mL}^{-1}$ .  
139 The DPPH scavenging assay was carried out essentially according to Nongonierma and  
140 FitzGerald (2013a). Briefly, the test samples (50  $\mu\text{L}$ ) were pipetted onto a 96 well microplate  
141 containing a DPPH (150  $\mu\text{L}$ , final concentration 0.088 mM) solution in 50 % (v/v) ethanol. The  
142 microplate was incubated at 37°C for 60 min in a microplate reader, absorbance of the DPPH  
143 radical was monitored at 517 nm. Each sample was analysed in triplicate. Trolox was used as a  
144 positive control. Scavenging of the DPPH radical was determined with respect to a control  
145 without scavenger (DPPH solution with 50  $\mu\text{L}$  water) as described by Liu *et al.* (2005). The  
146 DPPH scavenging  $\text{EC}_{50}$  values (concentration of active compound required to observe 50 %  
147 DPPH scavenging) were determined by plotting the percentage of DPPH scavenged as a function  
148 of the concentration of test compound.

## 149 **2.5. Statistical analysis**

150 Means comparison was carried out with a one way ANOVA followed by a Student Newman-  
151 Keuls test using SPSS (version 9, SPSS Inc., Chicago, IL, USA) at a significance level of  $P <$   
152  $0.05$ .

## 153 **3. Results**

### 154 **3.1. *In silico* digestion of caseins and casein-derived peptides**

155 Peptides containing Pro residues have been of much interest in the area of bioactive peptides  
156 research (Hatanaka *et al.*, 2012; Norris & FitzGerald, 2013). Peptides with a Pro residue at the C  
157 terminus may be released by the hydrolytic action of prolyl oligopeptidase (Polgar, 1992).  
158 Therefore, *in silico* digestion of the caseins ( $\alpha_{s1}$ -,  $\alpha_{s2}$ -,  $\beta$ - and  $\kappa$ -casein) was conducted with this  
159 enzyme activity. To date, most food protein-derived peptides with DPP-IV inhibitory properties  
160 have been shown to be short sequences between 2 and 8 amino acid residues in length (Hatanaka  
161 *et al.*, 2012; Lacroix & Li-Chan, 2012b; Nongonierma & FitzGerald, 2013a; Tulipano *et al.*,

2011). In addition, some short milk-derived peptides have been shown to survive gastro-intestinal digestion *in vitro* and *in vivo* (Foltz *et al.*, 2007; Foltz, van Buren, Klaffke, & Duchateau, 2009). For this reason, selected short peptides ( $\leq 4$  amino acid residues) with a Pro residue at the C terminus predicted to be released on incubation of the caseins with prolyl oligopeptidase were considered herein. Fig. 1 depicts the locations in the primary sequence of the individual caseins of these short peptides (underlined and boxed sequences). Of the 20 short peptides predicted to be released, fifteen (Tyr-Pro, Leu-Pro, Asn-Pro, Ile-Pro, Gly-Pro, Ile-Thr-Pro, His-Gln-Pro, Lys-Tyr-Pro, Lys-His-Pro, Val-Glu-Pro, Trp-Ile-Gln-Pro, Val-Leu-Gly-Pro, Phe-Leu-Gln-Pro, Asn-Ser-Leu-Pro and Val-Arg-Gly-Pro) were selected for the study herein. The location of these peptides on  $\alpha_{s1}$ -,  $\alpha_{s2}$ -,  $\beta$ - and  $\kappa$ -casein is illustrated in Fig. 1 (boxed sequences).  $\beta$ -Casein contained the highest number (16) of short peptides with a Pro residue at the C terminus which were predicted to be released on incubation with prolyl oligopeptidase.  $\alpha_{s2}$ -Casein contained the lowest number (2) of short peptides with a Pro residue at the C terminus predicted to be released on incubation with prolyl oligopeptidase. Larger peptides (between 5 and 8 amino acid length), may also be released on incubation of the caseins with prolyl oligopeptidase. For example, three peptides containing 6-7 amino acids (Ile-Lys-His-Gln-Gly-Leu-Pro, Gln-Leu-Glu-Ile-Val-Pro and Ser-Phe-Ser-Asp-Ile-Pro) were predicted to be released on incubation of  $\alpha_{s1}$ -casein with prolyl oligopeptidase. However, these peptides were not evaluated herein because the focus of this study was on short peptides.

### 3.2. DPP-IV inhibition of casein-derived peptides

Of the 15 peptides with a Pro residue at the C terminus studied herein, 8 (Phe-Leu-Gln-Pro, Ile-Pro, Trp-Ile-Gln-Pro, Val-Leu-Gly-Pro, Tyr-Pro, Leu-Pro, Val-Arg-Gly-Pro and Asn-Pro) were DPP-IV inhibitors and 7 (Gly-Pro, His-Gln-Pro, Ile-Thr-Pro, Lys-His-Pro, Lys-Tyr-Pro, Asn-Ser-Leu-Pro and Val-Glu-Pro) were inactive. The  $IC_{50}$  values of the different DPP-IV inhibitory peptides was determined. The most potent compound tested was Phe-Leu-Gln-Pro with an  $IC_{50}$



187 value of  $65.3 \pm 3.5 \mu\text{M}$  and the least potent was Asn-Pro with an  $\text{IC}_{50}$  value  $> 20,000 \mu\text{M}$  (Table  
188 1).

### 189 **3.3. *In silico* gastrointestinal digestion of DPP-IV inhibitory peptides**

190 *In silico* digestion with gastrointestinal enzyme activities was subsequently carried out on the  
191 eight casein-derived peptides which inhibited DPP-IV (Table 1). Of the eight DPP-IV inhibitory  
192 peptides studied herein, two (Asn-Pro and Ile-Pro) could not theoretically be further cleaved by  
193 pepsin, trypsin and chymotrypsin and six (Tyr-Pro, Leu-Pro, Trp-Ile-Gln-Pro, Val-Leu-Gly-Pro,  
194 Phe-Leu-Gln-Pro and Val-Arg-Gly-Pro) were theoretically cleaved. The different cleavage sites  
195 on these six peptides for pepsin, trypsin and chymotrypsin are illustrated in Fig. 2. *In silico*  
196 gastrointestinal digestion of Tyr-Pro yields Tyr and Pro, while Leu-Pro yields Leu and Pro; Trp-  
197 Ile-Gln-Pro yields Trp and Ile-Gln-Pro; Val-Leu-Gly-Pro yields Val, Leu and Gly-Pro; Phe-Leu-  
198 Gln-Pro yields Phe, Leu and Gln-Pro; and Val-Arg-Gly-Pro yields Val-Arg and Gly-Pro. The  
199 predicted breakdown products were subsequently evaluated experimentally for their DPP-IV  
200 inhibitory and DPPH scavenging activity.

201

202 The predicted breakdown peptides (Val-Arg, Gln-Pro, Ile-Gln-Pro and Gly-Pro), of the 6 peptides  
203 (Tyr-Pro, Leu-Pro, Trp-Ile-Gln-Pro, Val-Leu-Gly-Pro, Phe-Leu-Gln-Pro and Val-Arg-Gly-Pro)  
204 predicted to be susceptible to gastrointestinal enzyme digestion, were tested for their DPP-IV  
205 inhibitory potential. Apart from Gly-Pro, which was predicted to be released by chymolytic  
206 action on Val-Leu-Gly-Pro and the tryptic action of Val-Arg-Gly-Pro, all the other breakdown  
207 peptides (Val-Arg, Ile-Gln-Pro and Gln-Pro) were DPP-IV inhibitors. However, these were not  
208 potent DPP-IV inhibitors as their  $\text{IC}_{50}$  values ranged from  $826.1 \pm 30.1$  to  $> 4,000 \mu\text{M}$  (Table 1).  
209 Trp and Leu, which were predicted to be released from four peptides (Leu-Pro, Trp-Ile-Gln-Pro,  
210 Val-Leu-Gly-Pro and Phe-Leu-Gln-Pro), have previously been identified as weak DPP-IV  
211 inhibitors with  $\text{IC}_{50}$  values of  $4280 \pm 48$  and  $3419 \pm 56 \mu\text{M}$ , respectively (Nongonierma, Mooney,

212 Shields, & FitzGerald, 2013).

213 The milk protein origin of the peptides studied herein is indicated in Table 1. These peptides were  
214 found within different caseins ( $\alpha_{s1}$ -,  $\alpha_{s2}$ -,  $\beta$ - and  $\kappa$ -casein). Interestingly, six (Ile-Pro, Tyr-Pro,  
215 Leu-Pro, Val-Arg, Gln-Pro and Asn-Pro) of the casein-derived DPP-IV inhibitory peptides  
216 studied herein can also be found in the whey proteins (Table 1). This has potential implications  
217 for the DPP-IV inhibitory properties of whole milk protein and for whey protein hydrolysates as  
218 these peptides may be released by enzymatic fragmentation.

### 219 **3.4. Mode of DPP-IV inhibition of casein-derived peptides**

220 The type of DPP-IV inhibition with the positive control (Ile-Pro-Ile) and the 7 most potent  
221 peptides (Phe-Leu-Gln-Pro, Ile-Pro, Trp-Ile-Gln-Pro, Val-Leu-Gly-Pro, Tyr-Pro, Leu-Pro and  
222 Val-Arg) studied herein was determined using the Lineweaver-Burk reciprocal representation.  
223 The Lineweaver-Burk double reciprocal plots for the positive control (Ile-Pro-Ile), Phe-Leu-Gln-  
224 Pro, Ile-Pro, Trp-Ile-Gln-Pro, Val-Leu-Gly-Pro and Val-Arg are illustrated in Fig. 3. A  
225 significant difference in  $V_{max}$  ( $P < 0.05$ ) in the presence and absence of DPP-IV inhibitor was  
226 observed for Trp-Ile-Gln-Pro and Val-Arg. In contrast, the  $K_{app}$  (in the presence of inhibitor)  
227 values were not significantly different ( $P \geq 0.05$ ) from the  $K_m$  (without inhibitor) value (Fig. 3D  
228 and 3F). These results showed that Trp-Ile-Gln-Pro and Val-Arg behaved as non-competitive  
229 inhibitors of DPP-IV. There was no significant difference in  $V_{max}$  ( $P \geq 0.05$ ) in the presence and  
230 absence of DPP-IV inhibitor, for the other peptides studied (Ile-Pro-Ile, Phe-Leu-Gln-Pro, Ile-  
231 Pro, Val-Leu-Gly-Pro, Tyr-Pro and Leu-Pro). In contrast, the  $K_{app}$  values for these peptides were  
232 significantly different ( $P < 0.05$ ) from the  $K_m$  value (Fig. 3A, 3B, 3C and 3E). These results  
233 indicate that these peptides behaved as competitive inhibitors of DPP-IV.

234

### 235 **3.5. Antioxidant activity of the casein-derived peptides**

236 The antioxidant behaviour of the peptides was studied by determination of their ability to

237 scavenge the DPPH radical. Of the 18 different peptides studied herein, only 6 (Trp-Ile-Gln-Pro,  
238 Asn-Pro, His-Gln-Pro, Lys-Tyr-Pro, Tyr-Pro and Gly-Pro) were DPPH scavengers. Twelve  
239 peptides (Leu-Pro, Gln-Pro, Ile-Pro, Val-Arg, Ile-Thr-Pro, Lys-His-Pro, Val-Glu-Pro, Ile-Gln-  
240 Pro, Asn-Ser-Leu-Pro, Val-Leu-Gly-Pro, Phe-Leu-Gln-Pro and Val-Arg-Gly-Pro) did not possess  
241 DPPH scavenging activity. The antioxidant potency was evaluated by determining the EC<sub>50</sub>  
242 value. The EC<sub>50</sub> value ranged from 2.1 ± 0.1 to > 15 mM for Trp-Ile-Gln-Pro and Gly-Pro,  
243 respectively (Table 2). Three of the antioxidant peptides described in Table 2 (Trp-Ile-Gln-Pro,  
244 Tyr-Pro and Asn-Pro), were also DPP-IV inhibitors. The 3 other antioxidative peptides (His-Gln-  
245 Pro, Lys-Tyr-Pro and Gly-Pro) did not inhibit DPP-IV.

## 246 **4. Discussion**

247 Several studies have suggested that the presence of a Pro residue within a given peptide may be a  
248 good indicator for its DPP-IV inhibitory potential (Hatanaka *et al.*, 2012; Uenishi *et al.*, 2012). It  
249 has also been shown that various dipeptides with a Pro residue at the C terminus behave as DPP-  
250 IV inhibitors (Hatanaka *et al.*, 2012). Hatanaka *et al.* (2012) studied 16 different Pro containing  
251 dipeptides, 14 of which were DPP-IV inhibitors. Similarly, we also found herein that Ile-Pro,  
252 Tyr-Pro and Leu-Pro were DPP-IV inhibitors. In agreement with the study of Hatanaka *et al.*  
253 (2012), we found that Gly-Pro had no DPP-IV inhibitory activity. The DPP-IV inhibitory activity  
254 of two other dipeptides with a Pro at the C terminus (Gln-Pro and Asn-Pro), which to our  
255 knowledge have not previously been mentioned in the literature, was reported herein. However,  
256 their DPP-IV IC<sub>50</sub> values were high (> 4000 µM, Table 1). Larger peptides (with 3-4 amino acid  
257 residues) having a Pro residue at the C terminus including Phe-Leu-Gln-Pro, Trp-Ile-Gln-Pro,  
258 Val-Leu-Gly-Pro and Val-Arg-Gly-Pro were also DPP-IV inhibitors (Table 1). In contrast, His-  
259 Gln-Pro, Ile-Thr-Pro, Lys-His-Pro, Lys-Tyr-Pro, Val-Glu-Pro and Asn-Ser-Leu-Pro were not able  
260 to inhibit DPP-IV even though they had a Pro residue at the C terminus. Phe-Leu-Gln-Pro was  
261 found to be the most potent peptide studied herein, which was predicted *in silico* to be released by

262 prolyl oligopeptidase digestion of  $\beta$ -casein, having an  $IC_{50}$  of  $65.3 \pm 3.5 \mu M$  (Table 1). This  
263 peptide was  $\sim 20$  times less potent than the positive control Ile-Pro-Ile (diprotin A). Other milk  
264 protein-derived peptides with a potency of the same order as Phe-Leu-Gln-Pro have previously  
265 been identified as DPP-IV inhibitory peptides including Ile-Pro-Ile-Gln-Tyr, Ile-Pro-Ala-Val-  
266 Phe, Leu-Pro-Gln-Asn-Ile-Pro-Pro-Leu, Ile-Pro-Ala, Trp-Val, with  $IC_{50}$  values of 35, 45, 46, 49  
267 and 66  $\mu M$ , respectively (Nongonierma & FitzGerald, 2013a, 2014; Silveira *et al.*, 2013;  
268 Tulipano *et al.*, 2011; Uenishi *et al.*, 2012). Another DPP-IV inhibitory peptide, Met-Trp-Pro, the  
269 N terminal sequence of the human immunodeficiency virus-1 (HIV-1) transactivator Trp2-Tat  
270 (f1-3), containing a Pro at the C terminus has been reported in the literature (Lorey *et al.*, 2003).  
271 However, for most DPP-IV inhibitory peptides comprising of more than 2 amino acids including  
272 a Pro residue, the Pro residue has been found at position 2 or 3 in the peptide (Hoffmann *et al.*,  
273 1995; Nongonierma & FitzGerald, 2014; Silveira *et al.*, 2013; Uenishi *et al.*, 2012). It has also  
274 been demonstrated that these specific sequences are more likely to behave as substrate-type  
275 inhibitors of DPP-IV (Nongonierma & FitzGerald, 2014; Rahfeld, Schierborn, Hartrodt, Neubert,  
276 & Heins, 1991). Substrate-type inhibition involves inhibitors which may be further cleaved by the  
277 biomarker enzyme, releasing less potent inhibitory compounds than the parent peptide (Fujita &  
278 Yoshikawa, 1999; Nongonierma & FitzGerald, 2014).

279 Six short ( $\leq 4$  amino acid residues) peptides (Arg-Pro, Phe-Pro, Val-Pro, His-Pro, Leu-Pro-Pro  
280 and Thr-Ser-Thr-Pro) which were predicted to be released from caseins on incubation with prolyl  
281 oligopeptidase (Fig. 1), were not evaluated herein. Arg-Pro, Phe-Pro, Val-Pro and His-Pro were  
282 previously shown to be DPP-IV inhibitors (Hatanaka *et al.*, 2012). To our knowledge, Leu-Pro-  
283 Pro and Thr-Ser-Thr-Pro have not been shown to possess DPP-IV inhibitory activity. Larger  
284 peptides ( $> 5$  amino acid residues) may also be released from caseins by prolyl oligopeptidase  
285 (Fig. 1). However, these may be unstable to gastrointestinal enzyme digestion and therefore were  
286 not included in the study herein.

287

288 Different modes of DPP-IV inhibition were highlighted herein with the casein-derived peptides.  
289 In agreement with previous results, we also found that the Ile-Pro-Ile and Ile-Pro were  
290 competitive inhibitors of DPP-IV (Hatanaka *et al.*, 2012; Rahfeld *et al.*, 1991). Most food-derived  
291 DPP-IV inhibitory peptides identified to date have been described as competitive inhibitors  
292 (Hatanaka *et al.*, 2012; Nongonierma & FitzGerald, 2013a; Tulipano *et al.*, 2011). Similarly,  
293 most peptides studied herein were competitive inhibitors, which indicates their direct binding to  
294 the active site of DPP-IV. However, two peptides (Trp-Ile-Gln-Pro and Val-Arg) were found to  
295 be non-competitive inhibitors of DPP-IV. It has been shown that peptides derived from the N  
296 terminus of the HIV-1 transactivator Tat could bind to a secondary site in DPP-IV, giving a linear  
297 mixed- or parabolic mixed-type inhibition (Lorey *et al.*, 2003). Recently, a milk-derived  
298 dipeptide Trp-Val ( $\alpha$ -La (f26-27)) which behaved as a non-competitive inhibitor of DPP-IV has  
299 been identified. Using a molecular docking approach it was shown that Trp-Val was likely to  
300 bind DPP-IV at a secondary binding site located in proximity to the active site (Nongonierma *et*  
301 *al.*, 2013). Another mechanism for DPP-IV inhibition has recently been described for larger  
302 peptides (> 13 amino acid residues) where the peptides hinder the formation of the active dimeric  
303 form of DPP-IV (Velarde-Salcedo *et al.*, 2013).

304

305 An increase in oxidative stress is generally found in T2D subjects due to a compromised  
306 antioxidative system associated with changes in superoxide dismutase, glutathione peroxidase  
307 and catalase activity. This increase in oxidative stress has been linked with the development of  
308 cardiovascular and renal disease (Hadi & Al Suwaidi, 2007). It has been suggested that dietary  
309 antioxidants may act through the activation of the antioxidant system of the body, involving the  
310 nuclear factor like 2 (Nrf2) pathway (Lacroix & Li-Chan, 2014). Therefore, the antioxidant  
311 properties of milk-derived peptides could be further exploited to reduce oxidative stress in T2D

312 subjects. The *in vitro* antioxidant properties of casein-derived peptides have been well  
313 documented (Pihlanto, 2006; Power *et al.*, 2013). However, translation of *in vitro* antioxidant  
314 capacity of dietary components in humans and their positive role in the prevention of T2D has yet  
315 to be demonstrated (Chang & Chuang, 2010; Lacroix & Li-Chan, 2014; Power *et al.*, 2013). The  
316 peptides evaluated herein only had a modest DPPH scavenging activity compared to other  
317 peptides reported in the literature. EC<sub>50</sub> values of around 10 µM have been reported for DPPH  
318 scavenging by decapeptides extracted from venison (Kim *et al.*, 2009), while a value of 98 µM  
319 for the casein-derived peptide Tyr-Pro-Tyr-Pro-Glu-Leu and an EC<sub>50</sub> value of 23 µM for  
320 carnosine (Ala-His) were reported (Suetsuna *et al.*, 2000). EC<sub>50</sub> values of 242 and 654 µM have  
321 previously been reported for Trp-Val and Val-Trp, respectively (Nongonierma & FitzGerald,  
322 2013a). Three peptides (Asn-Pro, Tyr-Pro and Trp-Ile-Gln-Pro) evaluated herein had a dual  
323 bioactivity combining antioxidant and DPP-IV inhibitory properties. Trp-Ile-Gln-Pro (IC<sub>50</sub> 237.3  
324 ± 1.3 µM) was the most potent DPP-IV inhibitor which also behaved as a DPPH (EC<sub>50</sub> 2.1 ± 0.1  
325 mM) scavenger (Tables 1 and 2).

326

327 Some of the fragments which were predicted to be released from the parent peptides after *in silico*  
328 digestion with gastrointestinal enzymes were also subsequently experimentally shown to have  
329 DPP-IV inhibitory properties (Table 1). In general, peptides or amino acids (Nongonierma *et al.*,  
330 2013) which were predicted to be released by gastrointestinal digestion of the casein-derived  
331 peptides had a lower DPP-IV inhibitory potential compared to the parent peptide. The exception  
332 was Val-Arg which was > 3 times more potent than the parent peptide (Val-Arg-Gly-Pro). In the  
333 case of Phe-Leu-Gln-Pro and Trp-Ile-Gln-Pro, *in silico* digestion with gastrointestinal enzymes  
334 resulted in peptides with > 10 fold decrease in the DPP-IV inhibitory potency. While some of the  
335 peptides were predicted to be unstable to gastrointestinal enzymes, the second most potent C  
336 terminal Pro DPP-IV inhibitor evaluated herein, Ile-Pro (DPP-IV IC<sub>50</sub> 149.6 ± 6.1 µM), was

337 predicted to be stable to gastrointestinal digestion. It has been demonstrated elsewhere that Ile-  
338 Pro was stable to intestinal *in vitro* digestion, with > 75% intact dipeptide remaining after 60 min  
339 of simulated intestinal digestion (Foltz *et al.*, 2009). These results would indicate that Ile-Pro  
340 would be bioavailable. However, the bioavailability and efficacy of Ile-Pro needs to be evaluated  
341 *in vivo* in order to validate the results described herein. It is interesting to note that Ile-Pro is  
342 present in the primary sequence of several milk proteins (Table 1).

343

344 The results described herein using a combined *in silico* and experimental strategy further  
345 demonstrate that peptides with a Pro residue at the C terminus were not always associated with  
346 DPP-IV inhibitory activity. In addition, some of the C-terminal Pro peptides had a relatively low  
347 DPP-IV inhibitory potency. There appear to be other physicochemical characteristics which may  
348 play a role in the binding of peptides to the active site of DPP-IV, affecting their inhibitory  
349 properties. Studies involving reverse peptides (Hatanaka *et al.*, 2012; Nongonierma & FitzGerald,  
350 2013a) have demonstrated that peptide sequence appears to be a primary determinant for its DPP-  
351 IV inhibitory potential. However, more research is required to fully establish which  
352 physicochemical characteristics of peptides are linked with their DPP-IV inhibitory potential. The  
353 results described herein are solely based on *in silico* prediction of peptide release with different  
354 enzymatic activities including prolyl oligopeptidase, pepsin, chymotrypsin and trypsin.  
355 Validation of the *in silico* prediction with *in vitro* digestion of caseins with the relevant enzymes  
356 would help to confirm the results described herein. Ultimately, *in vivo* testing of the hydrolysates  
357 generated should be conducted to study the stability and biological activity of these peptides in  
358 humans.

## 359 **Conclusion**

360 The work flow described herein allowed use of *in silico* analysis to predict peptide sequences  
361 with DPP-IV inhibitory properties and to predict their stability to gastrointestinal digestion. This

362 has allowed determination of potent casein-derived DPP-IV inhibitory peptides some of which  
363 were predicted to be stable to gastrointestinal enzyme digestion. The application of relevant  
364 enzyme activities during hydrolysis may help to specifically release these fragments with the  
365 view to developing more potent DPP-IV inhibitory milk protein-derived hydrolysates. The  
366 findings described herein are relevant to the development of milk protein hydrolysates for  
367 application as functional food ingredients with serum glucose lowering and antioxidative  
368 properties in the management of T2D.

369



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373

374 **Conflicts of interests**

375 The authors declare that they have no conflict of interest.

376

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492

493



## Table captions

**Table 1** Inhibitory concentration inducing 50 % inhibition ( $IC_{50}$ ) of dipeptidyl peptidase IV (DPP-IV) in the presence of short ( $\leq 4$  amino acid residues) casein-derived C terminal proline containing peptides, type of inhibition and milk protein source of DPP-IV inhibitory peptides. The 15 selected C terminal proline containing peptides predicted to be released from casein following enzymatic digestion with prolyl oligopeptidase are indicated in bold.

**Table 2** Inhibitory concentration inducing 50 % scavenging ( $EC_{50}$ ) for 2,2-diphenyl-1-picrylhydrazyl (DPPH) in the presence of short ( $\leq 4$  amino acid residues) casein-derived C terminal proline containing peptides.

**Table 1**

<b>Compound</b>	<b>DPP IV IC<sub>50</sub> (<math>\mu</math>M)</b>	<b>Type of inhibition</b>	<b>Milk protein source</b>
Ile-Pro-Ile	$3.5 \pm 0.2^a$	competitive	positive control (diprotin A) $\kappa$ -CN (f26-28)
<b>Phe-Leu-Gln-Pro</b>	$65.3 \pm 3.5^b$	competitive	$\beta$ -CN (f87-90)
<b>Ile-Pro</b>	$149.6 \pm 6.1^c$	competitive	$\beta$ -CN (f66-67), $\beta$ -CN (f74-75), $\alpha_{s1}$ -CN (f 182-183), $\alpha_{s2}$ -CN (f201-202), $\kappa$ -CN (f26-27), $\kappa$ -CN (f108-109), $\kappa$ -CN (f119-120), $\beta$ -Lg (f78-79), BSA (f297-298), LF (f127-128), LF (f310-311), LF (f469-470)
<b>Trp-Ile-Gln-Pro</b>	$237.3 \pm 1.3^d$	non-competitive	$\alpha_{s2}$ -CN (f193-196)
<b>Val-Leu-Gly-Pro</b>	$580.4 \pm 11.3^e$	competitive	$\beta$ -CN (f197-200)
<b>Tyr-Pro</b>	$658.1 \pm 8.0^e$	competitive	$\beta$ -CN (f60-61), $\beta$ -CN (f114-115), $\beta$ -CN (f180-181), $\alpha_{s1}$ -CN (f146-147), $\alpha_{s1}$ -CN (f159-160), $\kappa$ -CN (f35-36), $\kappa$ -CN (f68-69), LF (f166-167)
<b>Leu-Pro</b>	$712.5 \pm 11.0^e$	competitive	$\beta$ -CN (f135-136), $\beta$ -CN (f137-138), $\beta$ -CN (f151-152), $\beta$ -CN (f171-172), $\alpha_{s1}$ -CN (f11-12), $\alpha_{s2}$ -CN (f176-177), $\kappa$ -CN (f56-57), $\beta$ -Lg (f143-144), $\alpha$ -La (f23-24), BSA (f112-113), BSA (f179-179), BSA (f301-302), BSA (f515-516), LF (f218-219)

Val-Arg	826.1 ± 30.1 <sup>f</sup>	non-competitive	β-CN (f201-202), κ-CN (f67-68), β-Lg (f123-124), BSA (f398-399), LF (f6-7), LF (f37-38)
<b>Val-Arg-Gly-Pro</b>	> 3,000	nd	β-CN (f201-204)
Gln-Pro	> 4,000	nd	β-CN (f89-90), β-CN (f146-147), β-CN (f149-150), α <sub>s2</sub> -CN (f195-196), κ-CN (f7-8), LF (f13-14)
Ile-Gln-Pro	> 4,000	nd	α <sub>s2</sub> -CN (f194-196)
<b>Asn-Pro</b>	> 20,000	nd	α <sub>s1</sub> -CN (f184-185), α <sub>s2</sub> -CN (f29-30), α <sub>s2</sub> -CN (f107-108), β-Lg (f152-153), α-La (f66-67)
<b>Gly-Pro</b>	-	na	β-CN (f64-65), β-CN (f199-200), β-CN (f203-204), α <sub>s2</sub> -CN (f102-103), BSA (f571-572)
<b>His-Gln-Pro</b>	-	na	β-CN (f145-147), β-CN (f148-150)
<b>Ile-Thr-Pro</b>	-	na	α <sub>s2</sub> -CN (f119-121)
<b>Lys-His-Pro</b>	-	na	α <sub>s1</sub> -CN (f3-5)
<b>Lys-Tyr-Pro</b>	-	na	β-CN (f113-115)
<b>Asn-Ser-Leu-Pro</b>	-	na	β-CN (f68-71)

**Val-Glu-Pro**

-

na

$\beta$ -CN (f116-118)

Values represent mean  $IC_{50}$  values  $\pm$  confidence interval ( $P = 0.05$ )  $n=3$  and triplicate determination. Values with different superscript letter are significantly different ( $P < 0.05$ )

The selected C terminal proline containing peptides predicted to be released from casein following enzymatic digestion with prolyl oligopeptidase are indicated in bold

$IC_{50}$  values and type of inhibition for Ile-Pro, Tyr-Pro and Leu-Pro were taken from Nongonierma and FitzGerald (2014)

Type of inhibition determined using Lineweaver-Burk plots as described in Nongonierma & FitzGerald (2012); nd: not determined, na: not applicable; -: no DPP-IV inhibition

$\alpha$ -La:  $\alpha$ -lactalbumin;  $\beta$ -Lg :  $\beta$ -lactoglobulin; BSA: bovine serum albumin; CN: casein; LF: lactoferrin.

---

**Table 2**

<b>Compound</b>	<b>DPPH EC<sub>50</sub> (mM)</b>
Trp-Ile-Gln-Pro	2.1 ± 0.1 <sup>b</sup>
Asn-Pro	>5
His-Gln-Pro	>5
Lys-Tyr-Pro	>5
Tyr-Pro	>5
Gly-Pro	>15
Trolox	(17.2 ± 5.5)×10 <sup>-3a</sup>

Values represent mean EC<sub>50</sub> values ± confidence interval ( $P = 0.05$ ) n=3 and triplicate determination. Values with different superscript letter are significantly different ( $P < 0.05$ )

Values for Tyr-Pro were taken from Nongonierma and FitzGerald (2014)

## Figure captions

**Fig 1. Peptide mapping of the short peptides ( $\leq 4$  amino acid residues) with a proline residue at the C terminus, which can theoretically be released by *in silico* digestion with a prolyl oligopeptidase activity (using one letter amino acid code). The fifteen casein-derived peptides studied herein are boxed and the other sequences are underlined, the proline residues are indicated in bold.**

**Fig 2. *In silico* digestion of casein-derived C-terminal proline containing dipeptidyl peptidase IV (DPP-IV) inhibitory peptides with gastrointestinal enzymes. Possible cleavage sites on various peptides by pepsin (P), trypsin (T) and chymotrypsin (C) are indicated by an arrow.**

**Fig 3. Lineweaver-Burk double reciprocal plots for dipeptidyl peptidase IV (DPP-IV) inhibition with casein-derived peptides at their half maximum inhibitory concentration ( $IC_{50}$ ). (A) Ile-Pro-Ile (B) Phe-Leu-Gln-Pro, (C) Ile-Pro, (D) Trp-Ile-Gln-Pro, (E) Val-Leu-Gly-Pro and (F) Val-Arg. Values are the mean of three determinations ( $n=3$ )  $\pm$  SD.  $V_i$ : initial velocity.**

**$\alpha_{s1}$ -casein, variant B**

**RP** **KHP** IKHQGLPQEVLNENLLRFFVAP **FP** EVFGKEKVNELSKDIGSESTEDQAMED  
IKQMEAESISSSEEIVPNSVEQKHIQKEDVPSERYLGYLEQLLRLKKYKVPQLEIVPNS  
AEERLHSMKEGIHAQQKEPMIGVNVQELAYFY**PEL**FRQFYQLDAYPSGAWYYV**PLGT**  
QYTDAPSFSDIP **NP** IGSENSEKTTMPLW

**$\alpha_{s2}$ -casein, variant A**

KNTMEHVSSSEESIISQETYKQEKMAIN**PSKEN**LCSTFCKEVVRNANEEEYSIGSSSE  
ESAEVATEEVKITVDDKHYQKALNEINQFYQK**FPQYLQYLYQGPIVLPWDQVKRN**  
AVP **ITP** TLNREQLSTSEENSKKTVDMESTEVF**TKKTKL**TEEEKNRLNFLKKISQRYQ  
KFALPQYLKTVYQHQA**KMP** **WIQP** KTKVIPYVRYL

**$\beta$ -casein, variant A2**

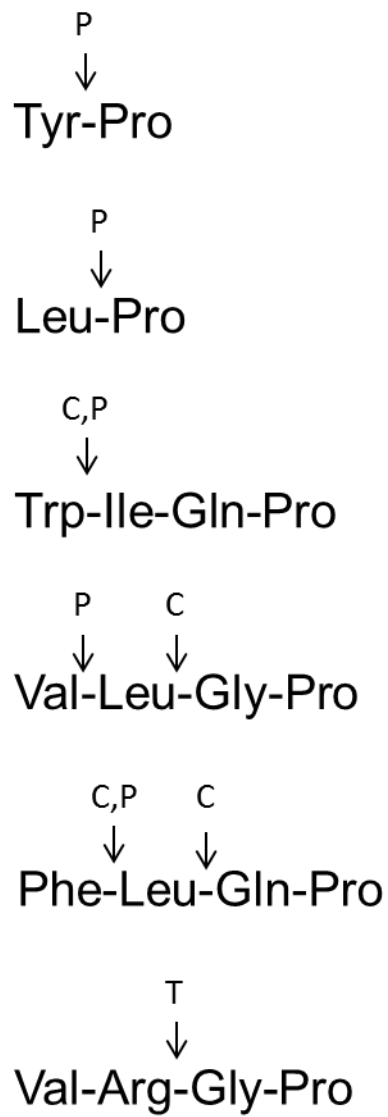
RELEELNVPGEIVESLSSSEESITRINKKIEKFQSEEQQQTEDELQDKI**HPFAQTQSLVY**  
**P** **FP** **GP** **IP** **NSLP** QNIPPLTQTPVV**VP** **FLQP** EVMGVSKVKEAMAPKH**KEMP** **FP**  
**KYP** **VEP** FTESQSLTLTDVENLHLP **LP** LLQSWMHQP **HQP** **LPP** TVMFPPQSVLSLS  
QSKVLP **VP** QKAVP **YP** QRDMPIQAFLLYQEP **VLGP** **VRGP** **FP** IIV

**$\kappa$ -casein, variant A**

QEQNQE**QPIRCE**KDERFFSDKIAKY**IP**IQYVLSRYPSYGLNYYQ**KP**VALINN**QFLP**  
**YP** YYAKPAAVRSPAQILQWQVLSNTV**PAKSCQAQPT**MAR**HP** **HP** HLSFMA**IPPK**  
KNQDKTEIPTINTIASGEP **TSTP** TEAVESTVATLEDSPEVIES**PPEINTVQVTSTAV**

**Fig 1.**

### Unstable peptides



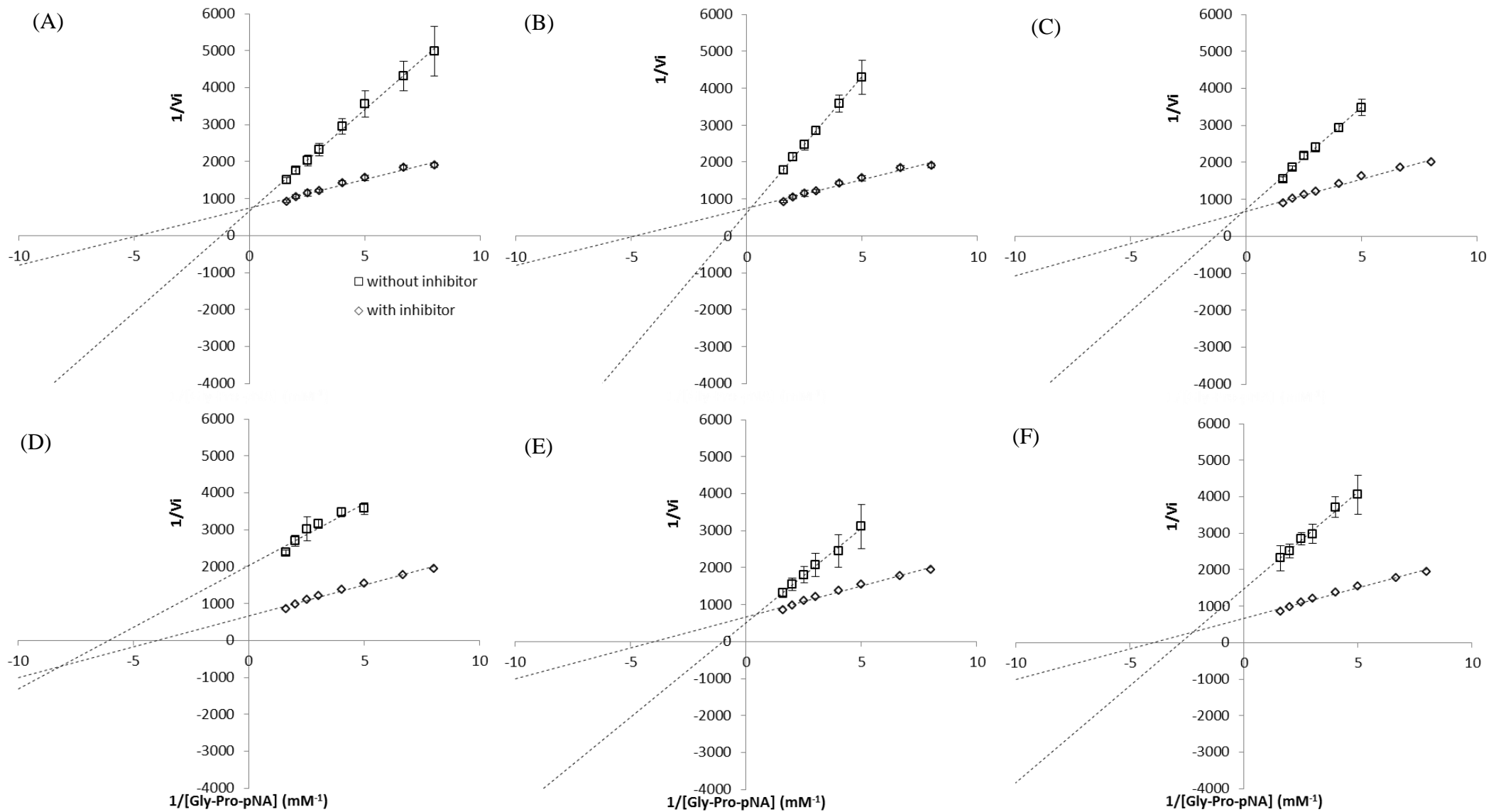
### Stable peptides

Asn-Pro

Ile-Pro

Fig 2.





**Fig 3.**