Box 1: Areas general practice should address to identify and treat youth mental health and substance-use as decided by the expert panel.

**Prevention / Health Promotion / Access**
Preventative health – promoting mental health with young person, prosocial activities.
Preventative health - information provision for parents and guardians
Youth friendly practices (confidentiality, interpersonal/communication skills, increasing contact, understanding context for substance-use, parental consent obtained in advance)
Non-medicalisation at the point of entry, getting a greater understanding of the life of the young person

**Assessment and Identification**
How to best identify mental and substance-use disorders in young people
Mental health assessment and substance-use explored as part of holistic assessment
Which problems affect young people at different stages of development.
Knowing what is an age appropriate social role, and positive mental health behaviour in young person
How to best tackle consent issues (under and over 18 years)
Discussing bullying
Discussing sexuality

**Treatment- pharmaceutical, psychological and other approaches (exercise, diet, etc).**
Treatment strategies

**Interaction with Other Agencies / Referral**
Referral pathways (who to refer where, and when)
Inter-agency collaboration (standardisation of referral/info sharing) and inclusion

**Ongoing Support**
Providing information of process through healthcare to young people